

Nuklearmedizinische Vorlesung

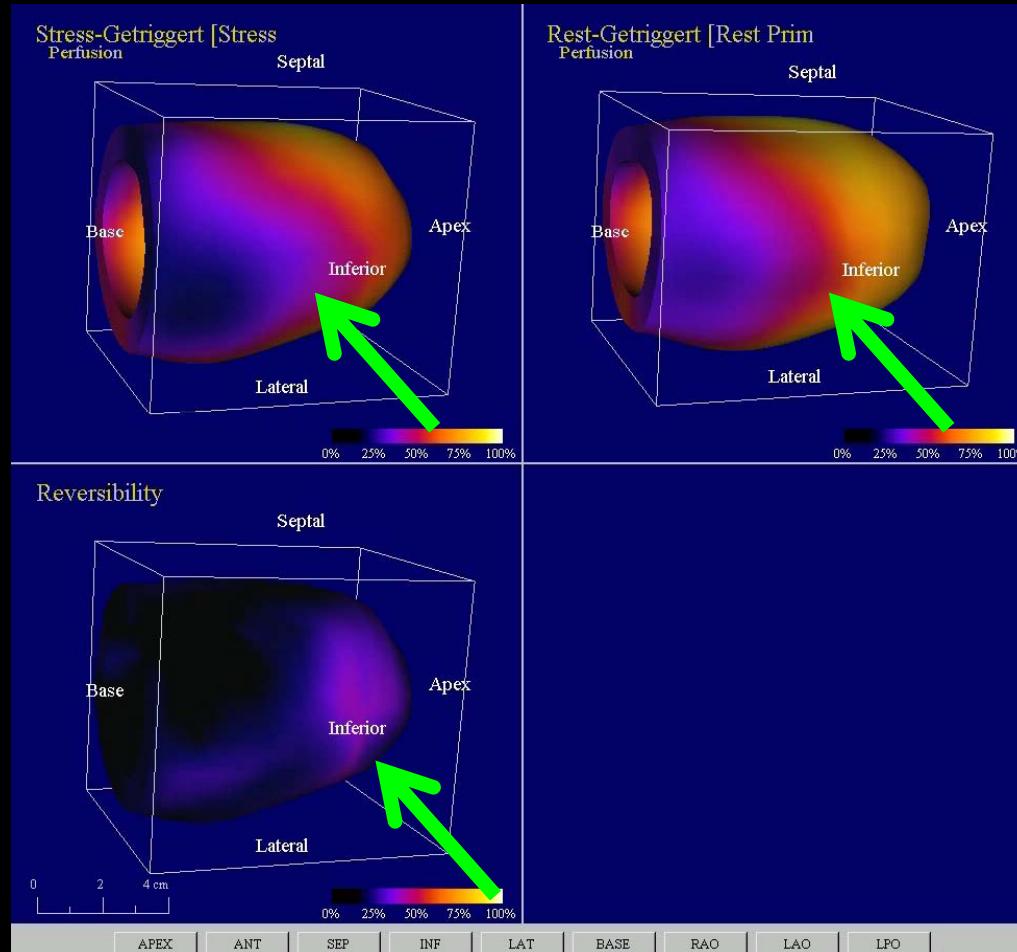
Herz / Kreislauf II

Univ.-Prof. Dr. Michael Schäfers
Klinik und Poliklinik für Nuklearmedizin
Universitätsklinikum Münster

- Rationale
- Prinzipien, Technik
 - Perfusion
 - Perfusionsreserve
 - Kontraktion
 - Vitalität
- Fallbeispiele
- Prognoseabschätzung
- Multimodale Bildgebung
- Zukunft

Fallbeispiel #3: Narbe + Ischämie

Stress

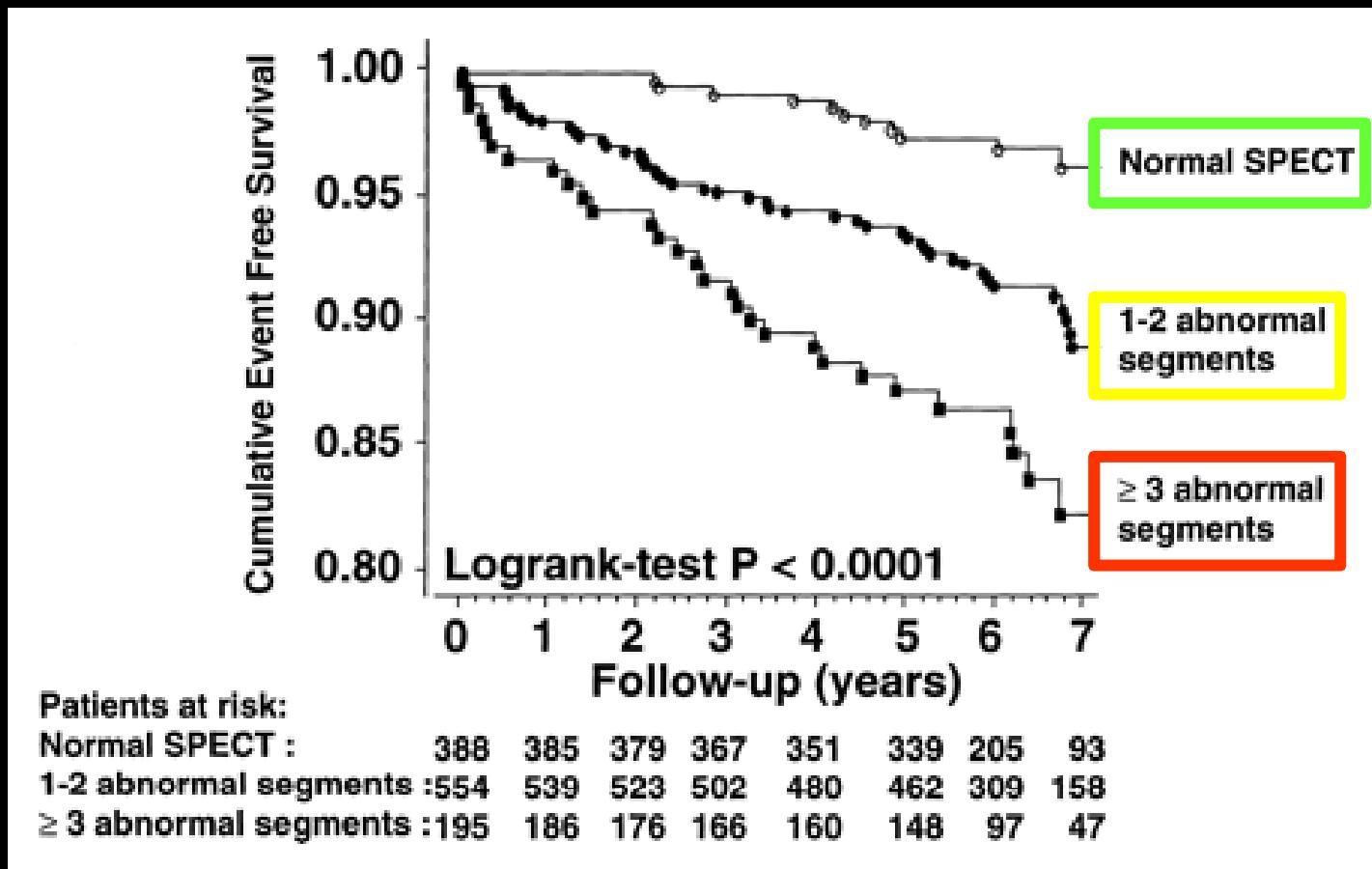


Ruhe

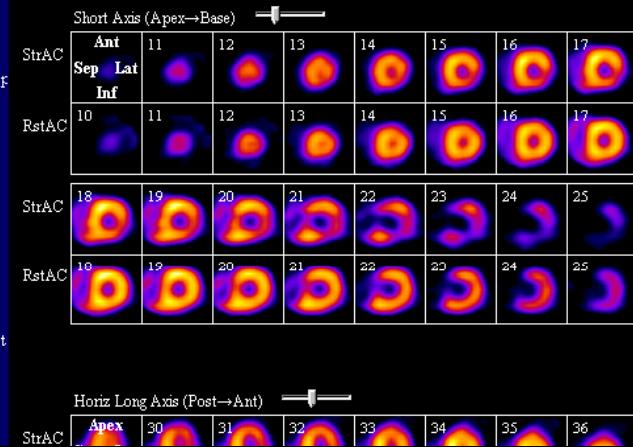
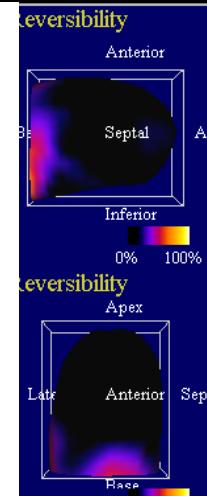
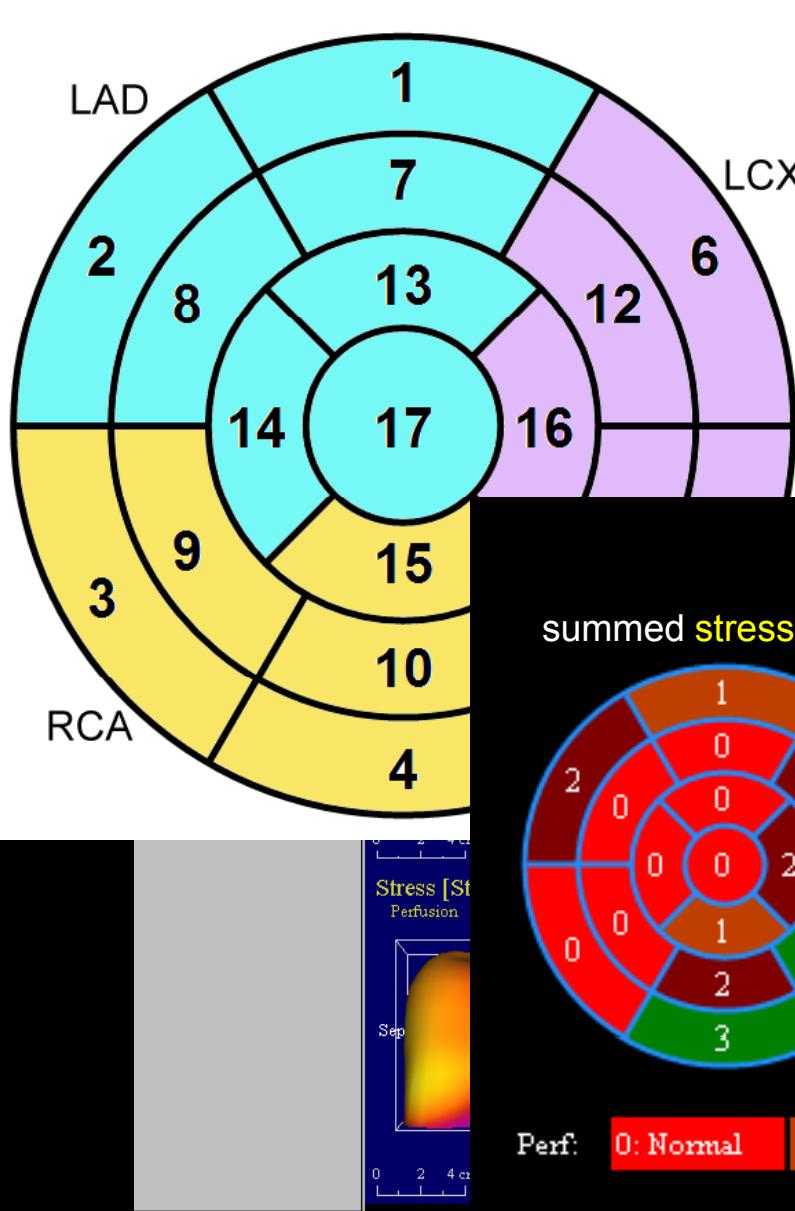
$$\Delta = \text{Ruhe} - \text{Stress}$$

Ischämiegrad versus Risiko

- 1137 Patienten, mittleres a-priori Risiko
- Myokard-SPECT (Thallium-201)

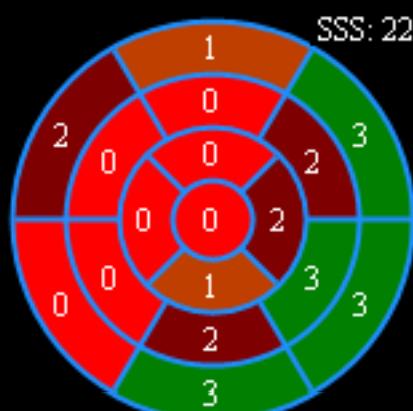


Prognose-Scores ?

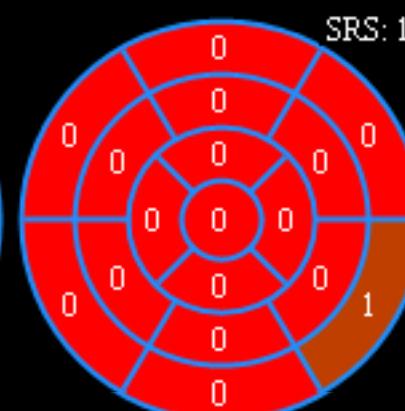


Scoring

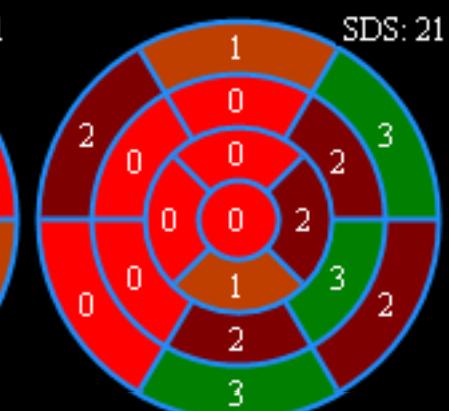
summed stress score



summed rest score



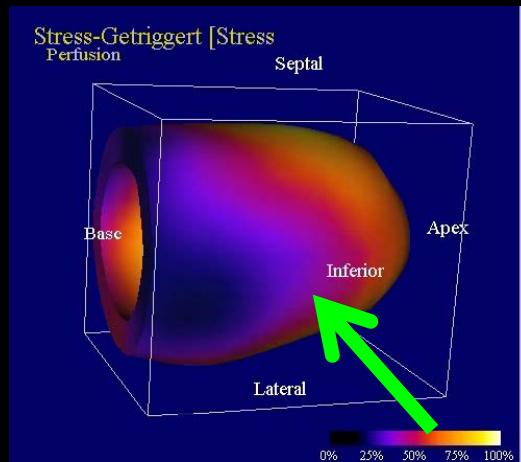
summed difference score



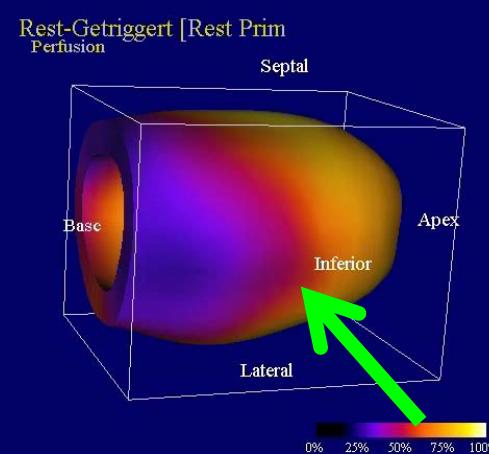
Perf: 0: Normal 1: Equivocal 2: Abnormal 3: Severe 4: Absent

Fallbeispiel #3: Narbe + Ischämie

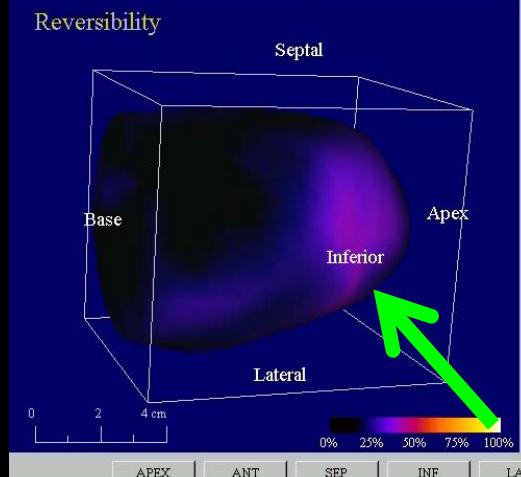
Stress



Ruhe



$\Delta = \text{Ruhe} - \text{Stress}$



**SSS=20
SRS=17
SDS=3**

Fallbeispiel #4



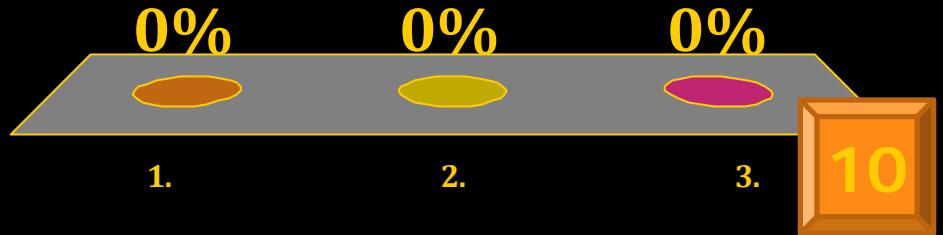
- Patient männlich, 68 Jahre
- 3-Gefäß-KHK, kein Herzinfarkt
- Keine aktuellen Beschwerden, Routinekontrolle
- Letzte Kontrolle vor 2 Jahren o.B.
- Was ist sinnvoll ?

Bitte wählen Sie:

1. Belastungs-EKG
2. Myokard-Szintigraphie
3. Echokardiographie

Fallbeispiel #4: Befund ?

1. Belastungs-EKG
2. Myokard-Szintigraphie
3. Echokardiographie



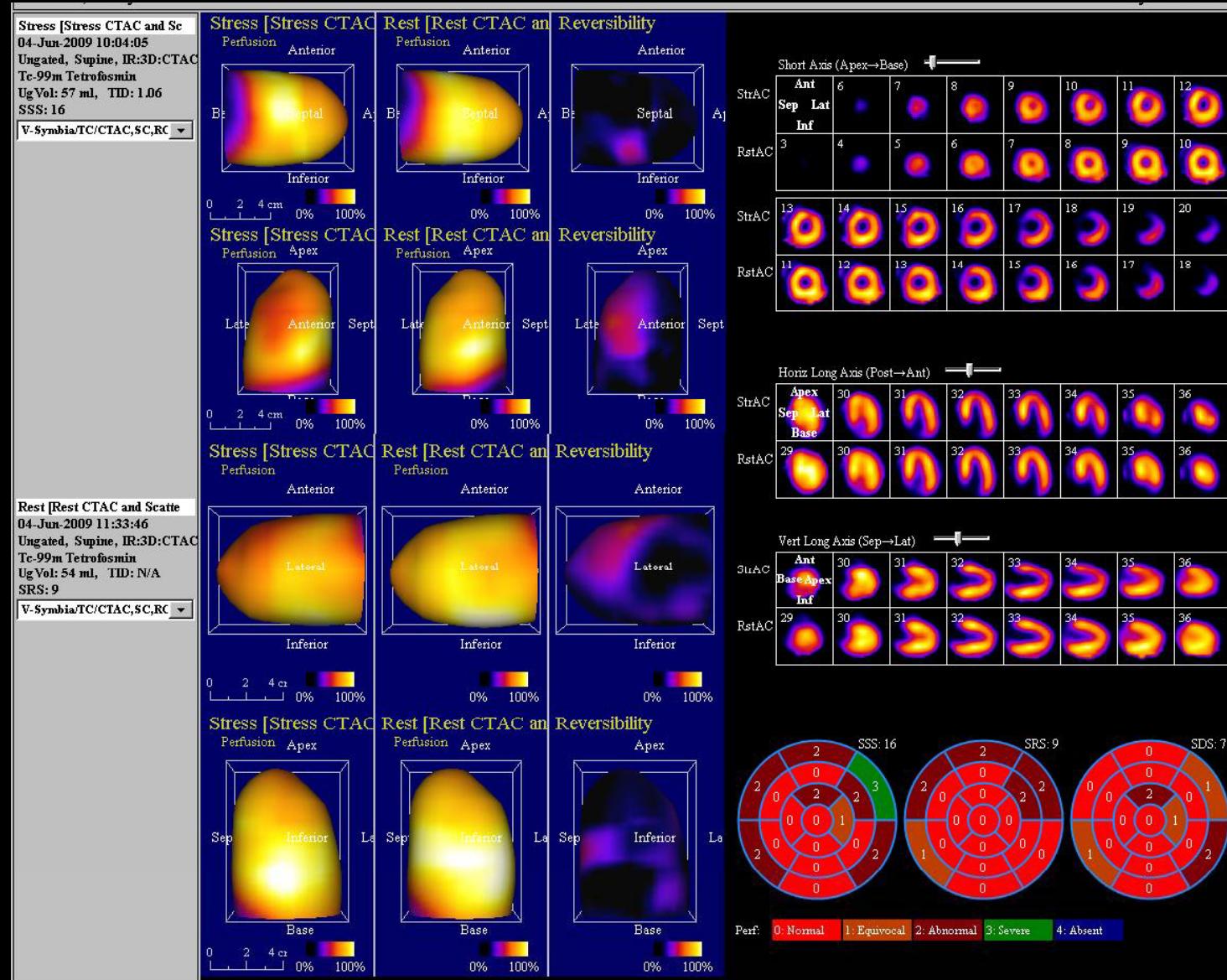
Fallbeispiel #4



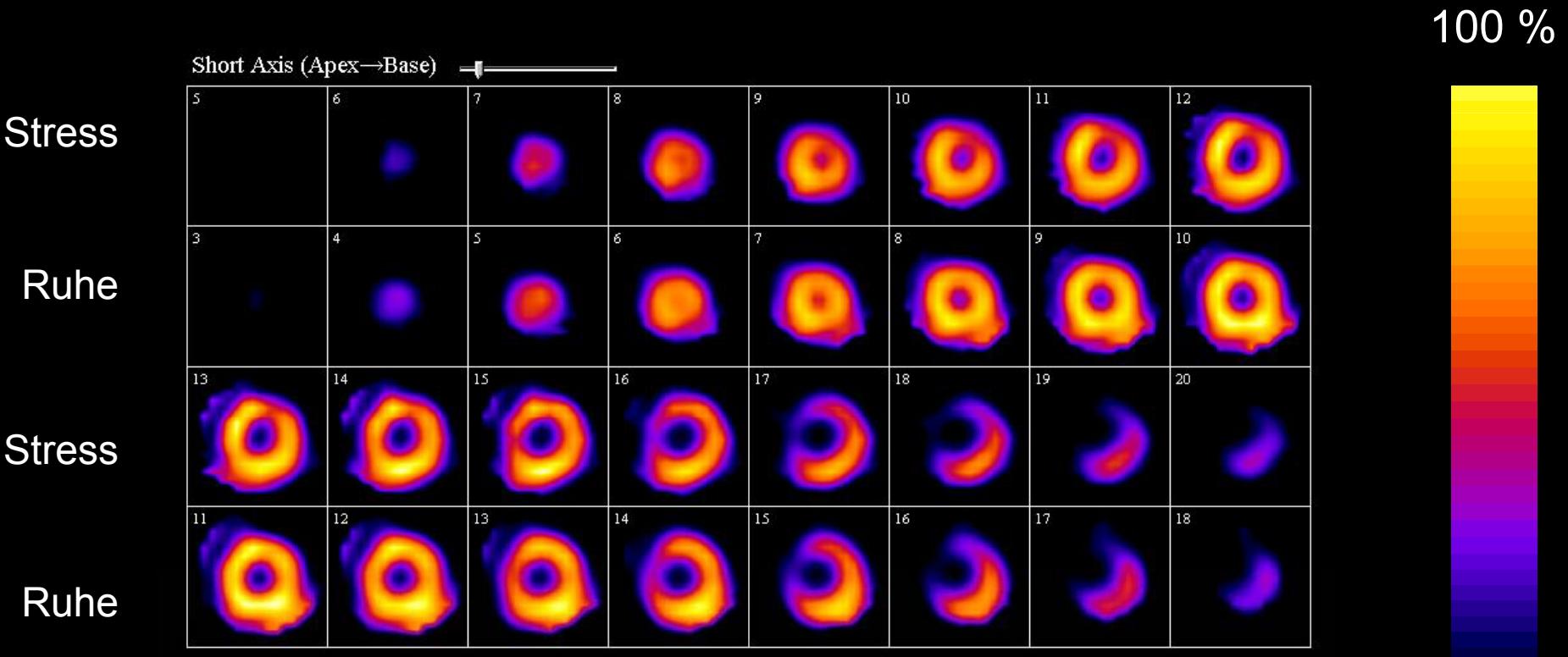
- Patient männlich, 68 Jahre
- 3-Gefäß-KHK, kein Herzinfarkt
- Keine aktuellen Beschwerden, Routinekontrolle
- Letzte Kontrolle vor 2 Jahren o.B. (**CAVE Progress**)

- Ergometrie
 - 2 min 50 Watt, 2 min 100 Watt , 2 min 150 Watt
 - HF Ruhe 54/min, HF Stress 140/min
 - RR Ruhe 140/70 mmHg, RR Stress 175/100 mmHg
 - EKG: asc. ST-Senkung 0.2 mV in V3-V5 (**wie zuvor**)

Fallbeispiel #4

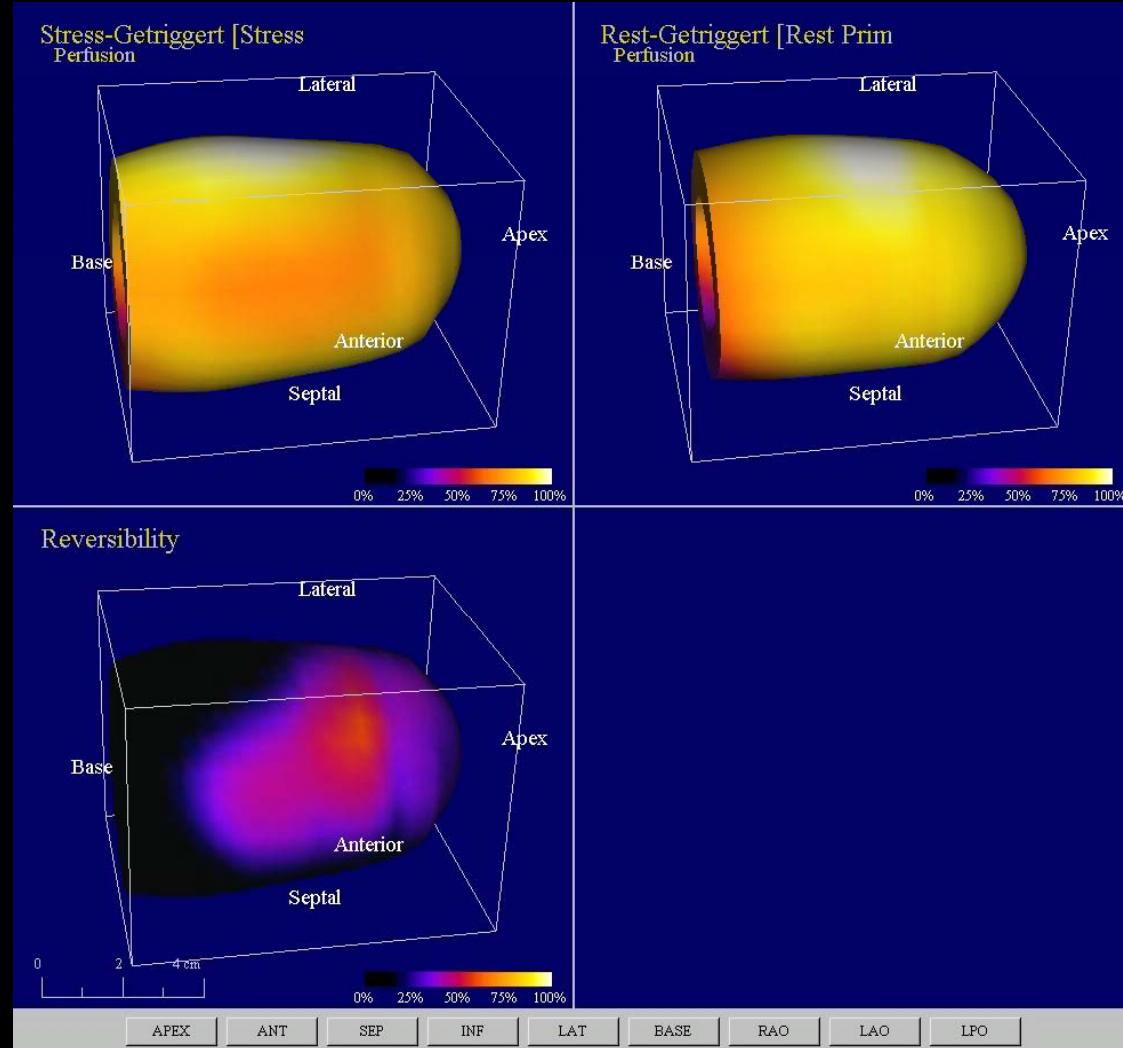


Fallbeispiel #4: Befund



0 %

Fallbeispiel #4: Befund

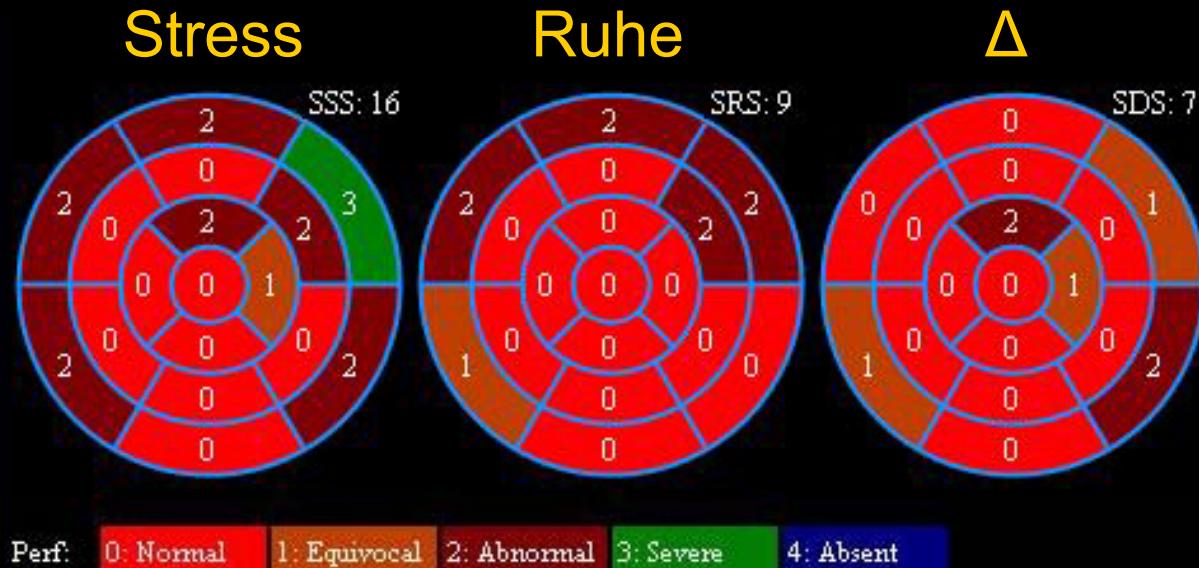


EDV: 84 ml [101-165]

ESV: 27 ml [28-64]

EF: 68 % [59-73]

Fallbeispiel #4: Befund ?

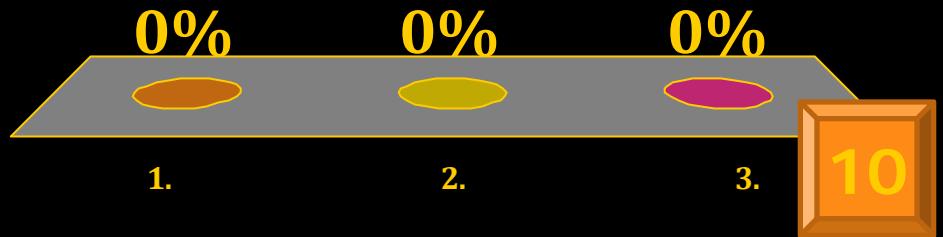


Bitte wählen Sie:

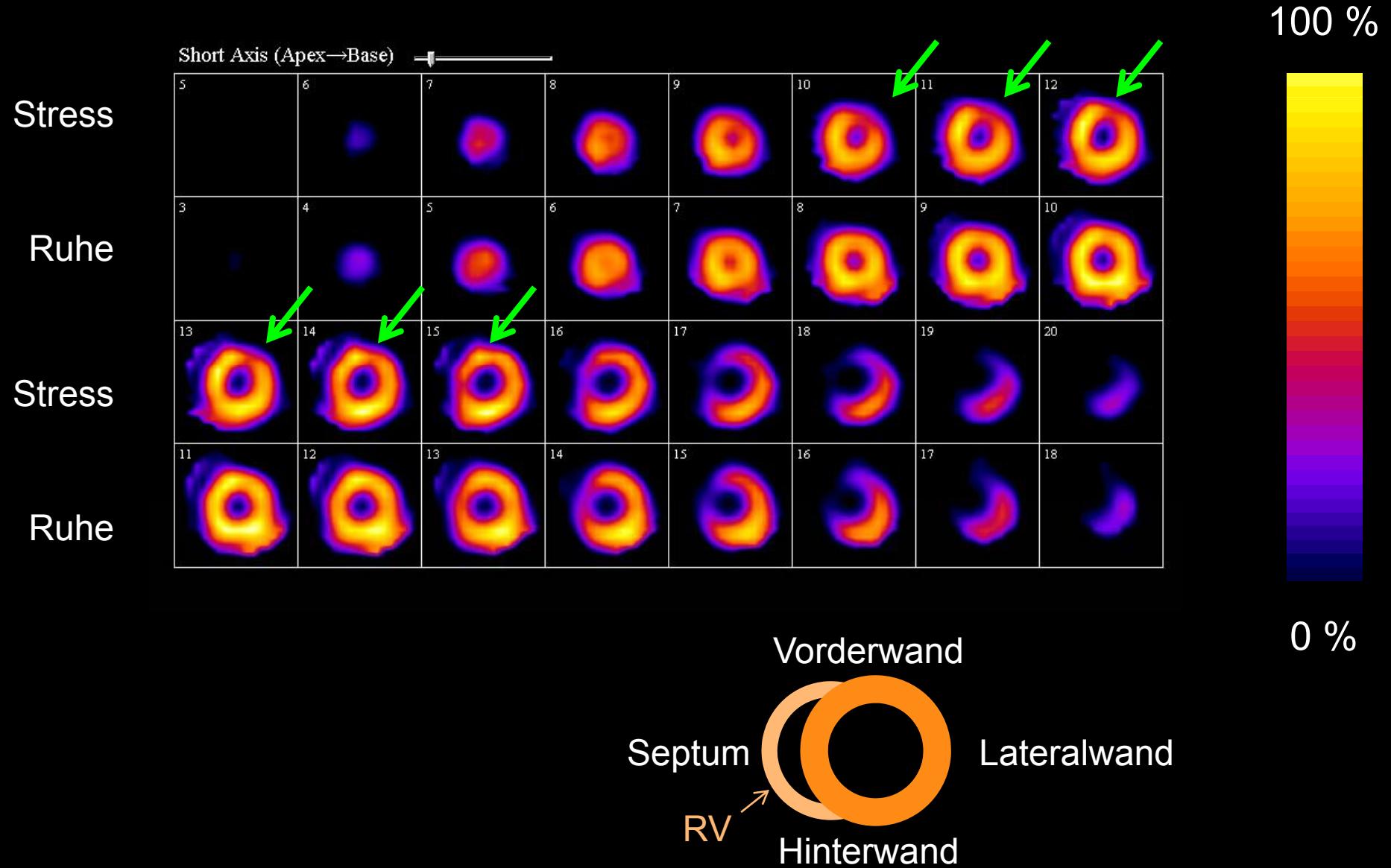
1. Belastungsinduzierte Ischämie anterolateral
2. Transmurale Narbe mediales und basales Septum
3. Unauffälliger Befund

Fallbeispiel #4: Befund ?

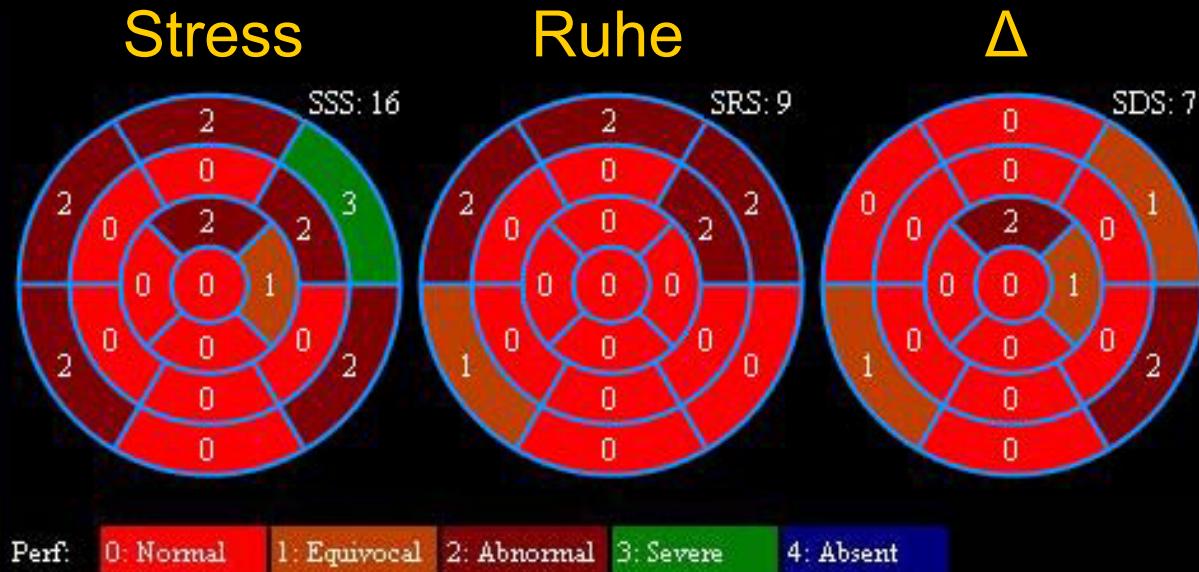
1. Belastungs-induzierte Ischämie anterolateral
2. Transmurale Narbe mediales und basales Septum
3. Unauffällig



Fallbeispiel #4: Ischämie anterolateral



Fallbeispiel #4: Weiteres Procedere ?

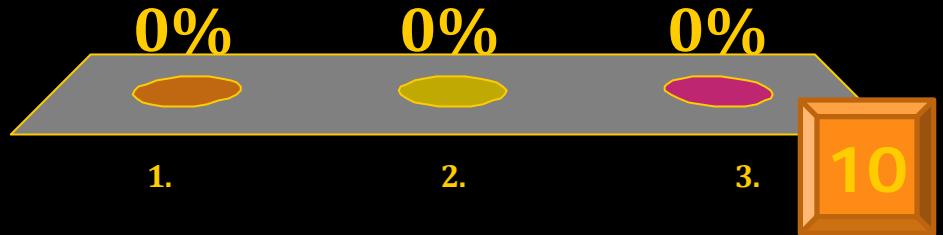


Bitte wählen Sie:

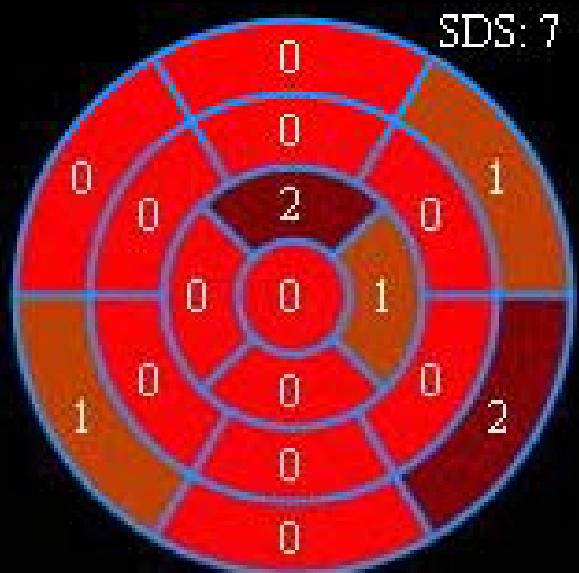
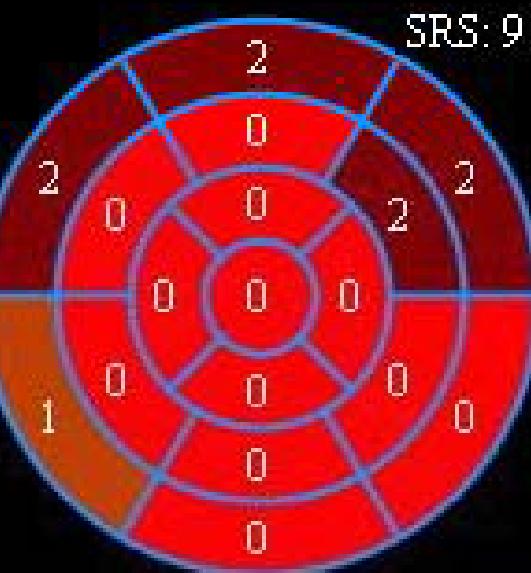
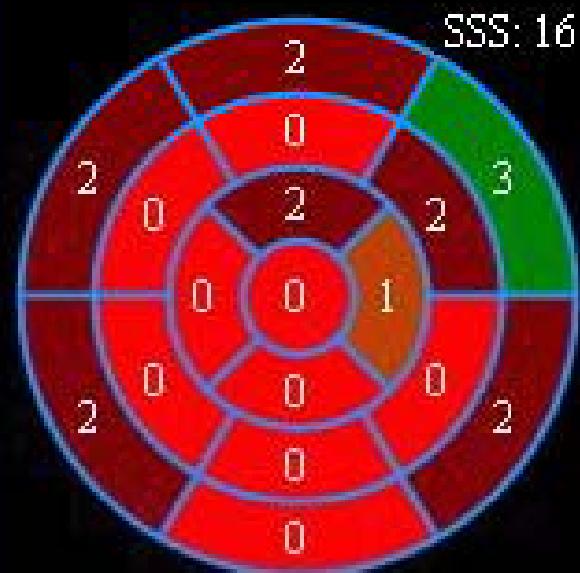
1. Keine weitere Diagnostik
2. Herzkatheter
3. Bypass-OP

Fallbeispiel #4: Weiteres Procedere ?

1. Keine weitere Diagnostik
2. Herzkatheter
3. Bypass-OP



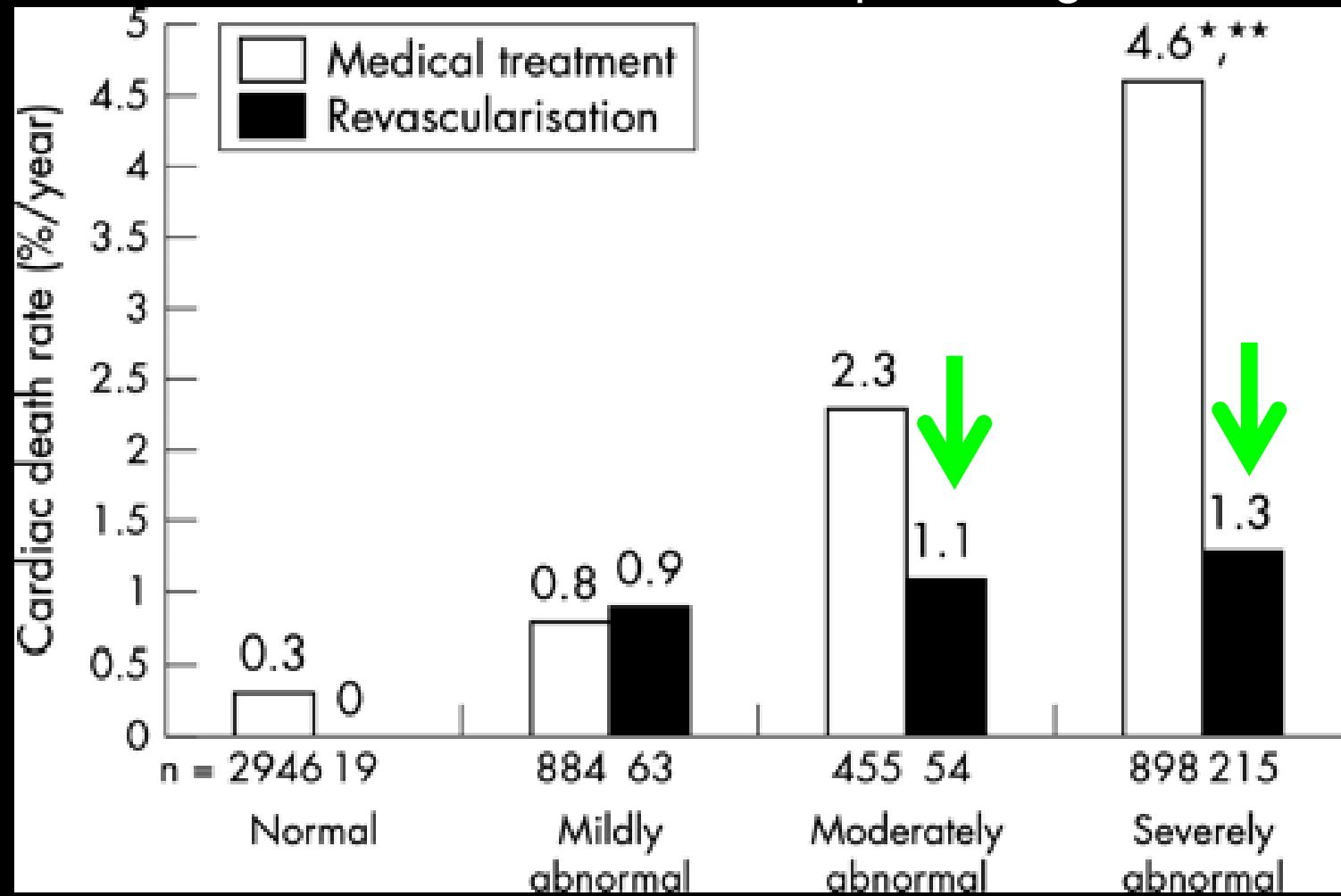
Fallbeispiel #4: Scores = Hohes Risiko



Perf: 0: Normal 1: Equivocal 2: Abnormal 3: Severe 4: Absent

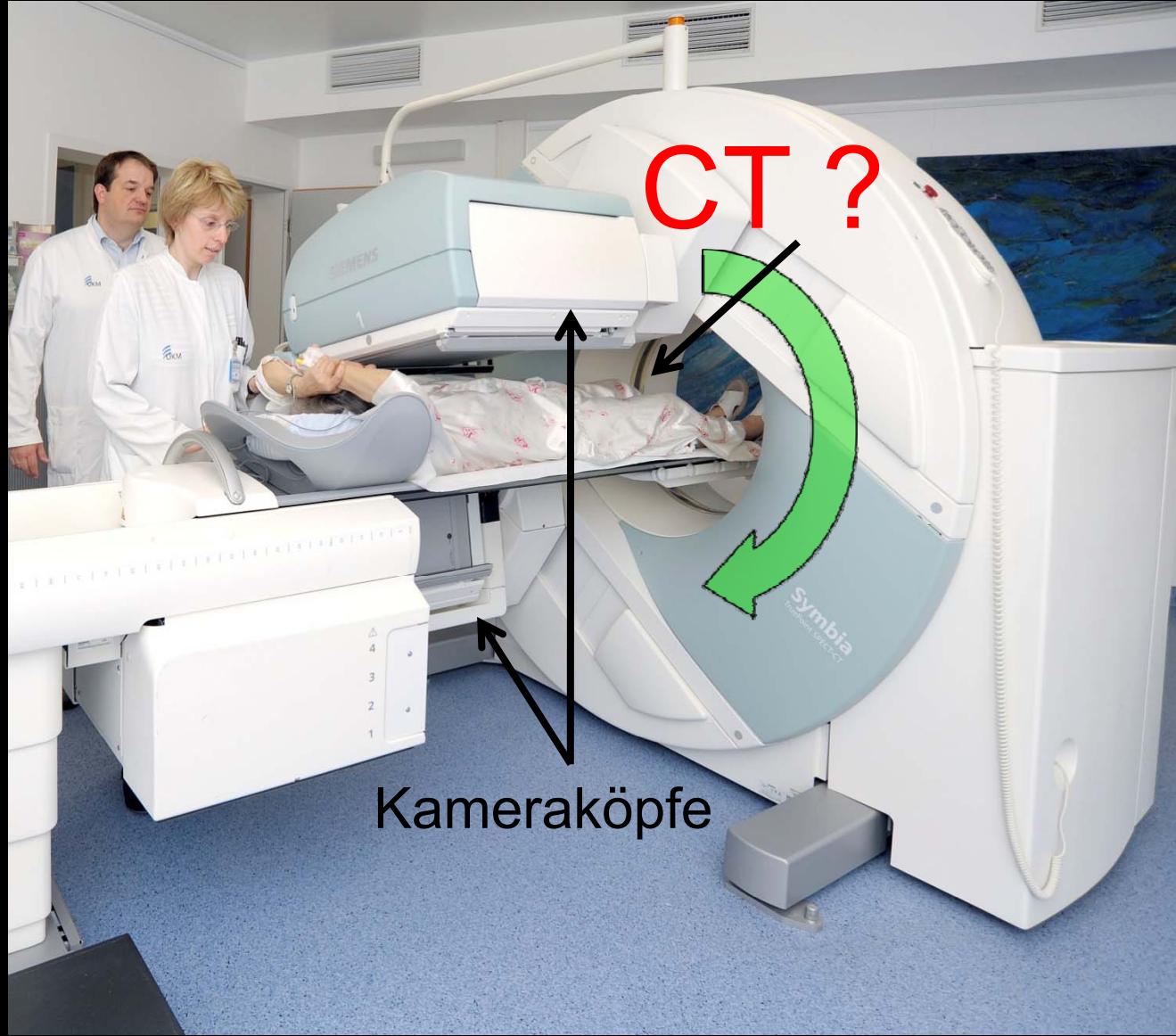
Prognose und Therapie

5183 Patienten, V.a. KHK und bekannte KHK
 Stress 99m Tc-MIBI, Follow-Up 640 Tage

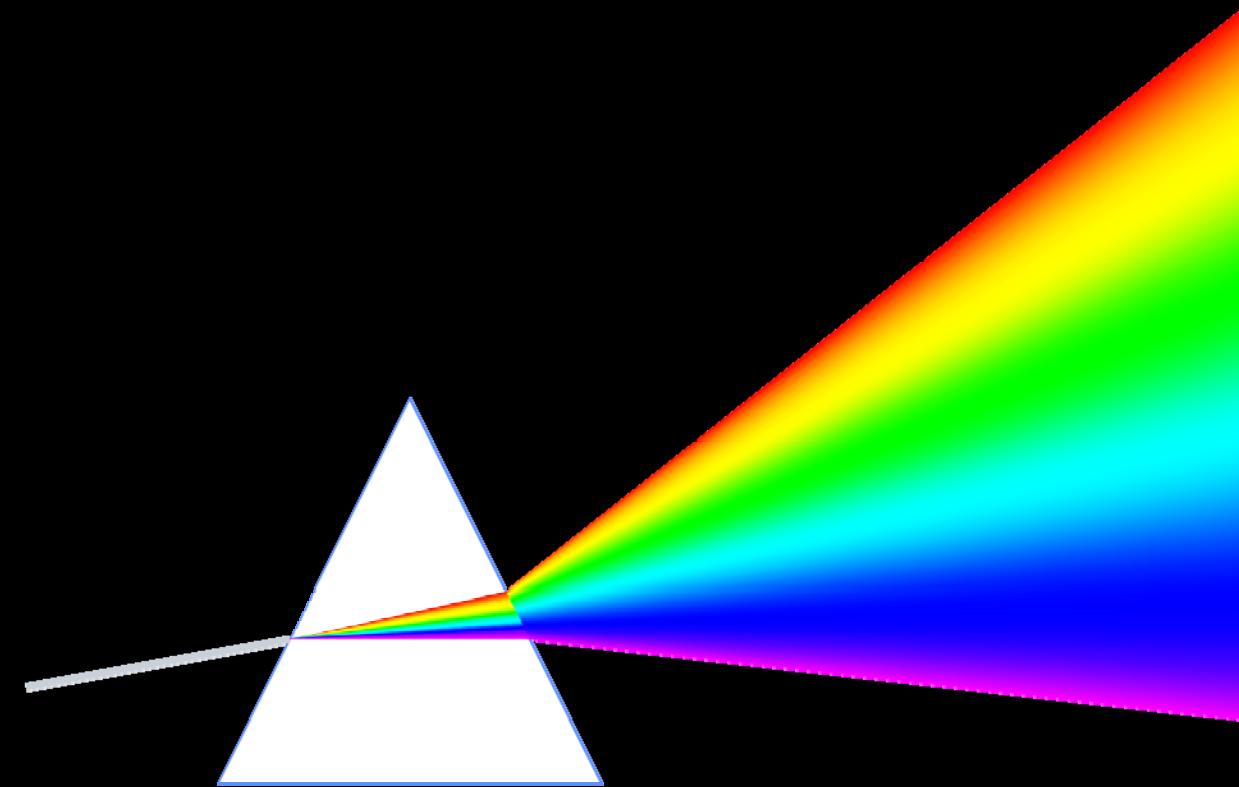


Hachamovitch Circulation 1998

SPECT/CT-Kamera - Herzbildgebung



Pathophysiology ► Diagnostics ► Molecules



X-Ray

CT

MRI

Ultrasound

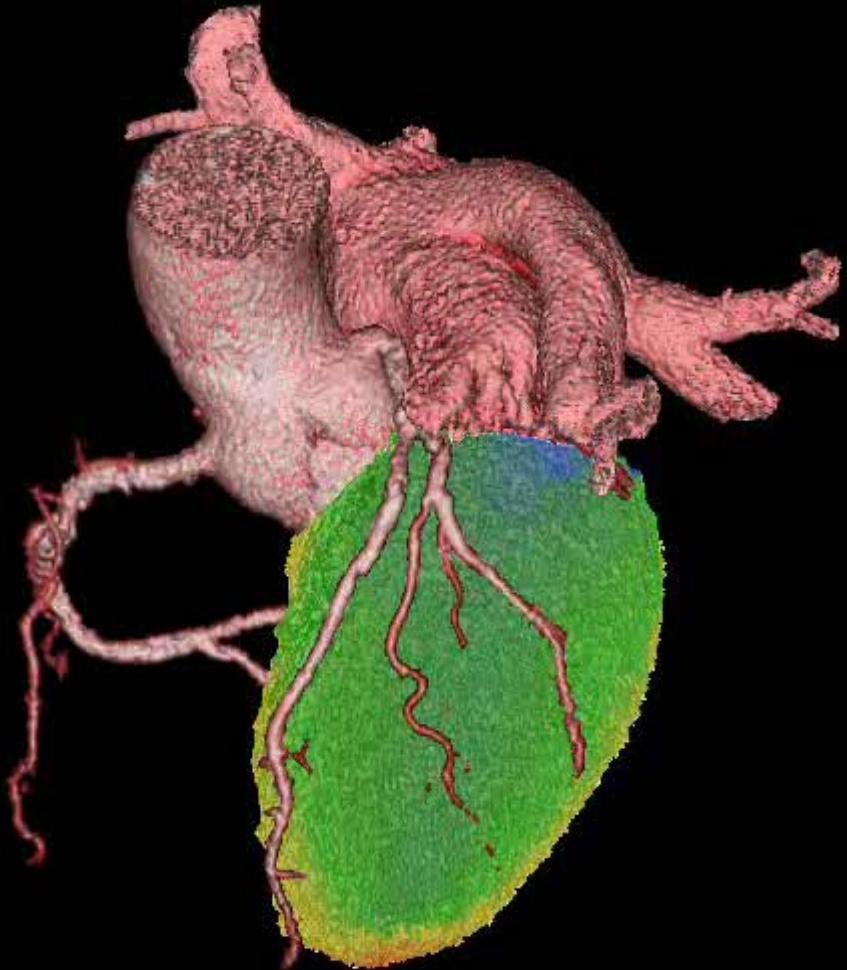
Optical Imaging

SPECT/PET

PET / CT, SPECT / CT, PET / MRT...

Findings CTA

- Calcifications !
- LAD 50% stenosis
- LAD-D1 >50% stenosis
- LCX anomalous origin from RCA
- RCA calcification, no stenosis



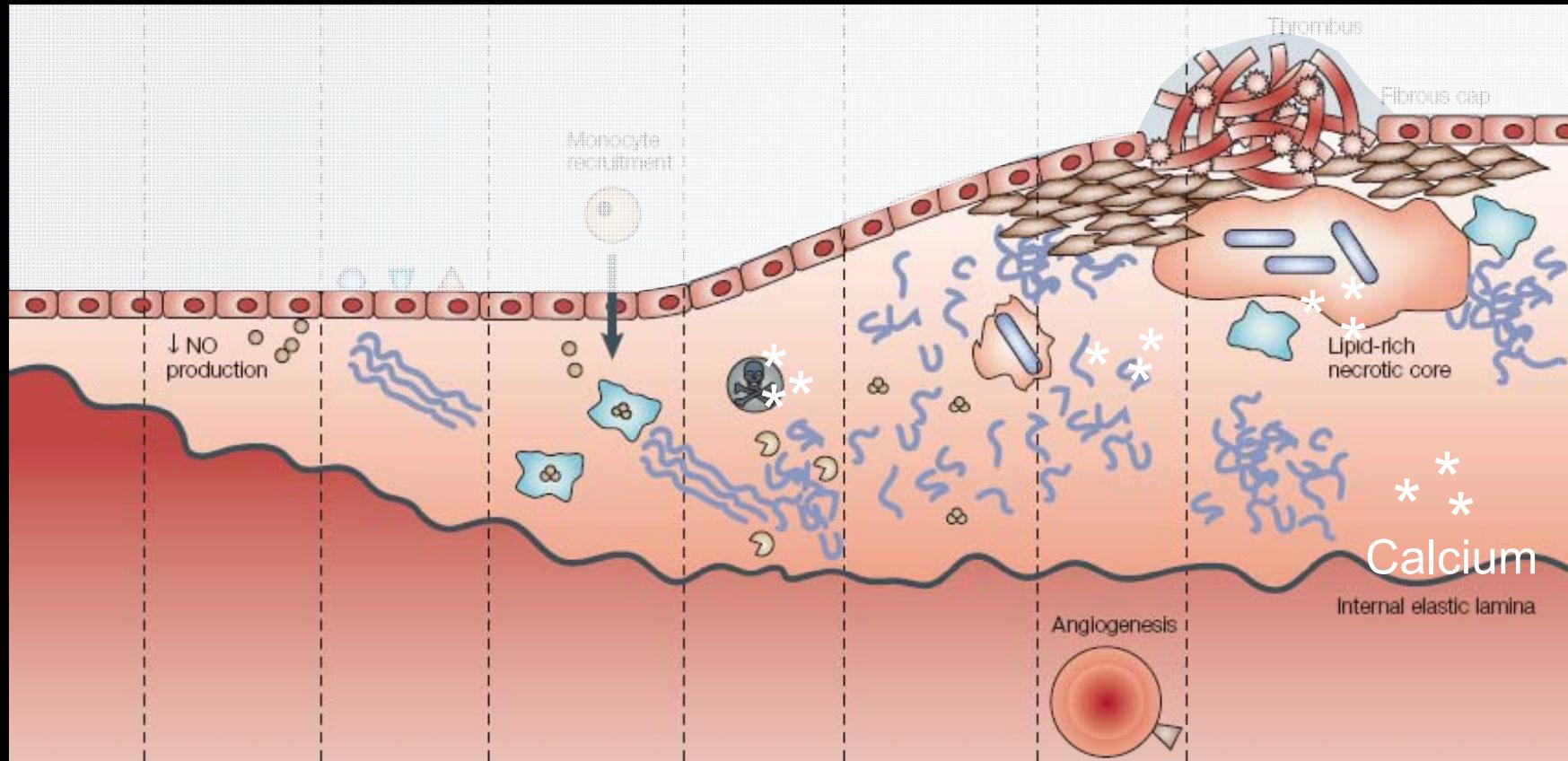
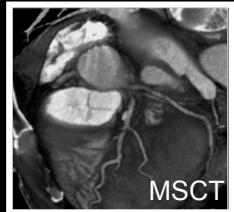
Findings PET

- Stress-induced ischemia anterior/lateral

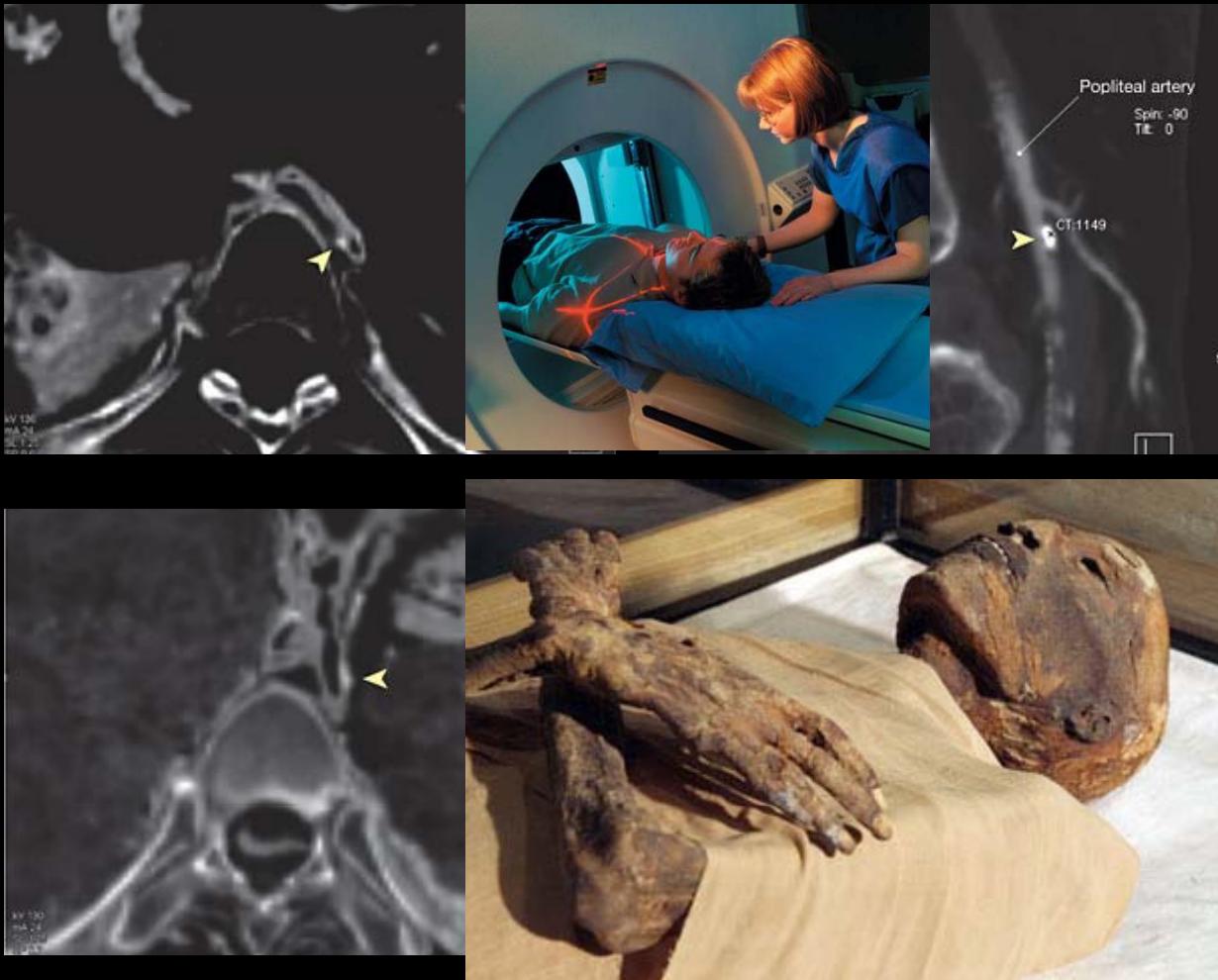
Conclusion PET/CT

- Revascularization

Kalk in der Gefäßwand ...



Bildgebung der Arteriosklerose - Calcium



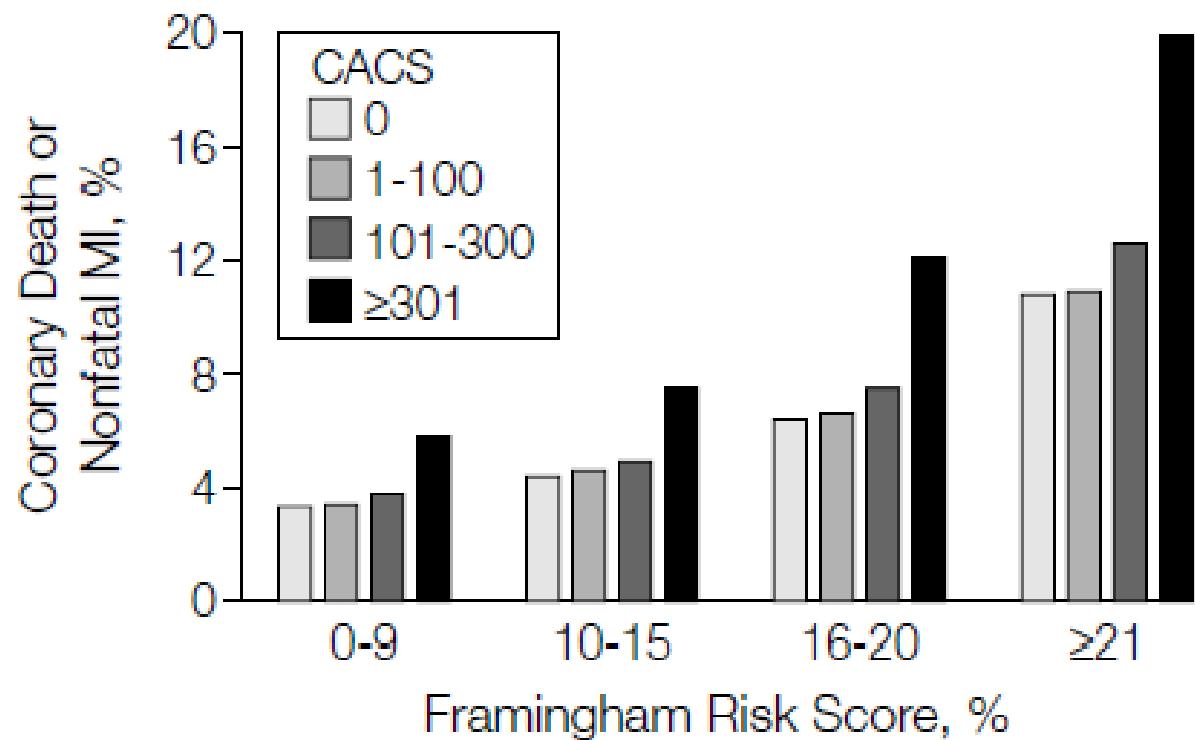
heute

Ägypten
vor
3000
Jahren !

Allam AH et al. JAMA 2009

Calcium-Score – Kardiovaskuläres Risiko

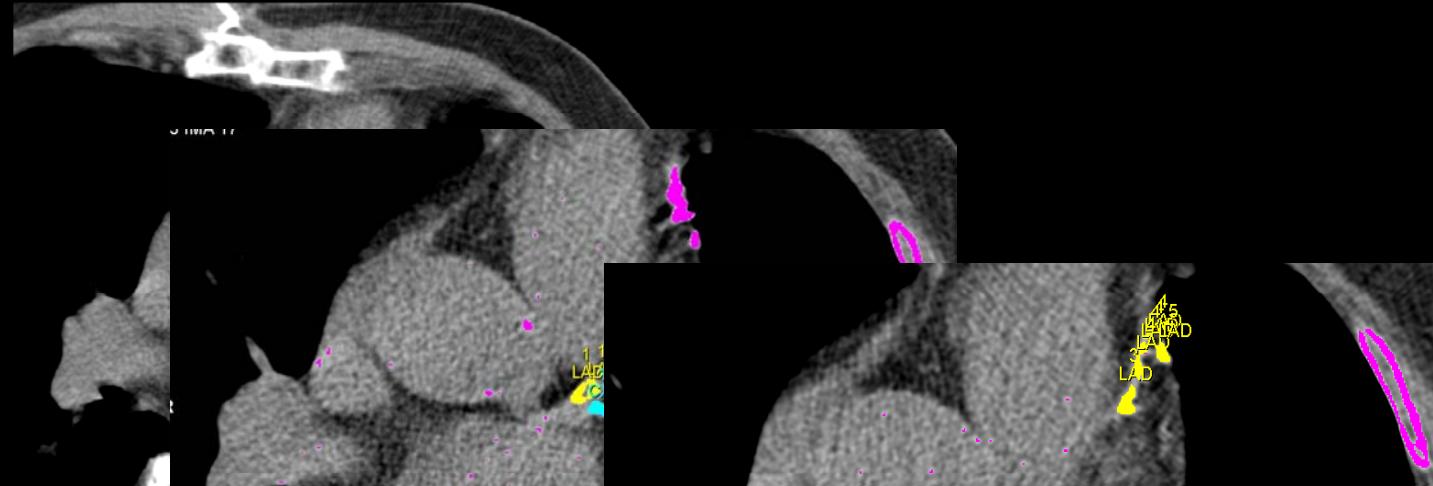
Figure 1. Predicted 7-Year Event Rates
From COX Regression Model for CHD Death
or Nonfatal Myocardial Infarction for
Categories of FRS or CACS



Fallbeispiel #5

- Patient männlich, 53 Jahre
- V.a. KHK
- Pos. Familienanamnese
- Viele Risikofaktoren
- Keine Beschwerden, wünscht Abklärung

Fallbeispiel #5: Calcium-Score



Bitte wählen Sie:

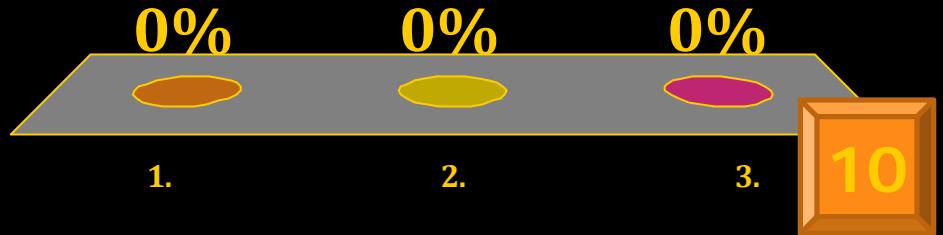
1. Belastungsinduzierte Ischämie Vorderwand
2. Belastungsinduzierte Ischämie Lateralwand
3. Keine Ischämie

Schwellenwert = 130 HU
(97.5 mg/cm³ CaHA)

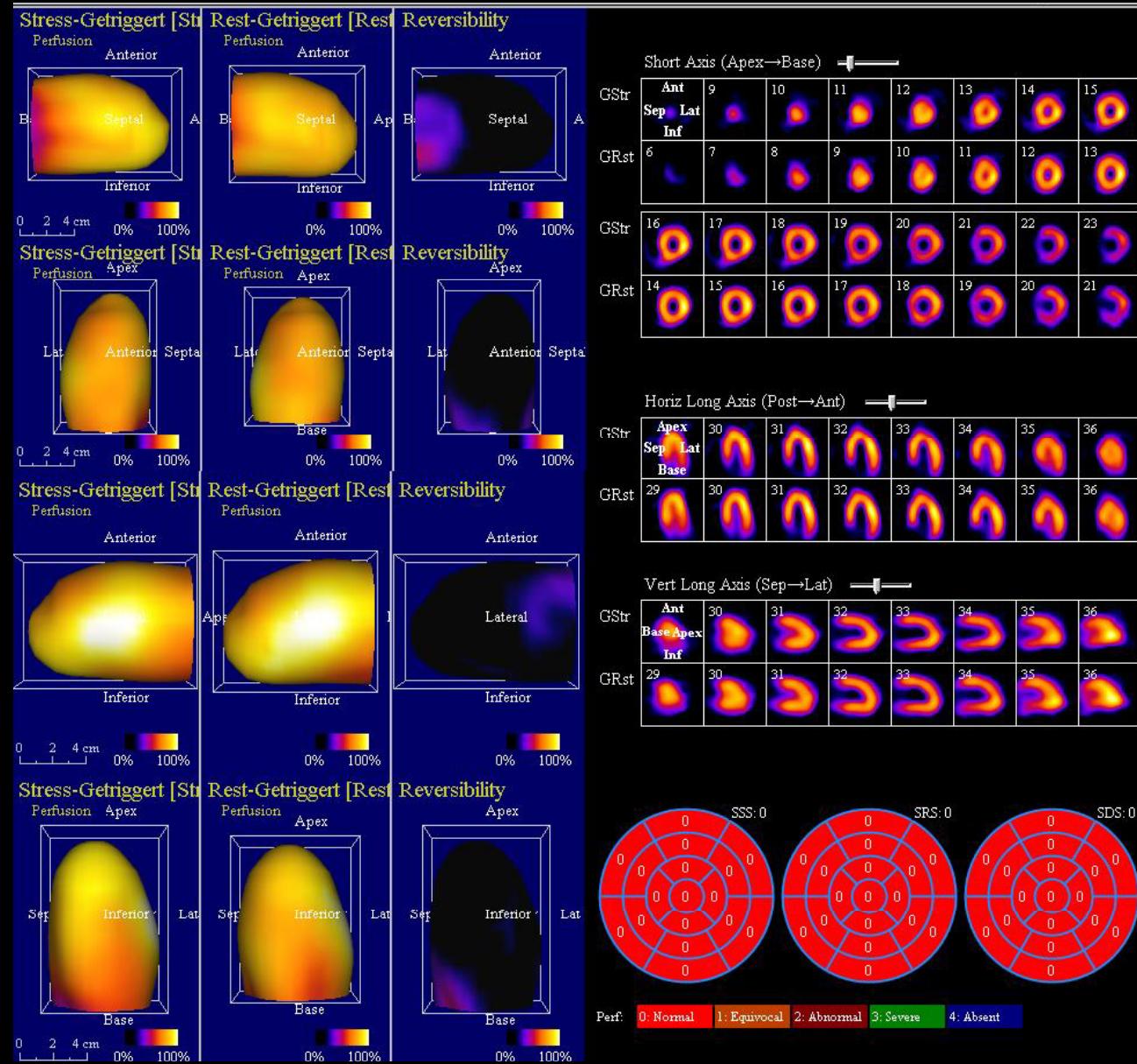
Arterie	Anzahl von Läsionen (1)	Volumen (mm ³) (3)	Äquiv. Masse (mg CaHA) (4)	Ergebnis (2)
LM	0	0.0	0.00	0.0
LAD	3	454.0	103.70	618.8
CX	1	41.2	7.95	52.2
RCA	9	183.7	41.29	284.8
Gesamt	13	678.9	152.94	955.8

Fallbeispiel #5: Perfusion ?

1. Belastungs-induzierte Ischämie Vorderwand
2. Belastungs-induzierte Ischämie Lateralwand
3. Keine Ischämie

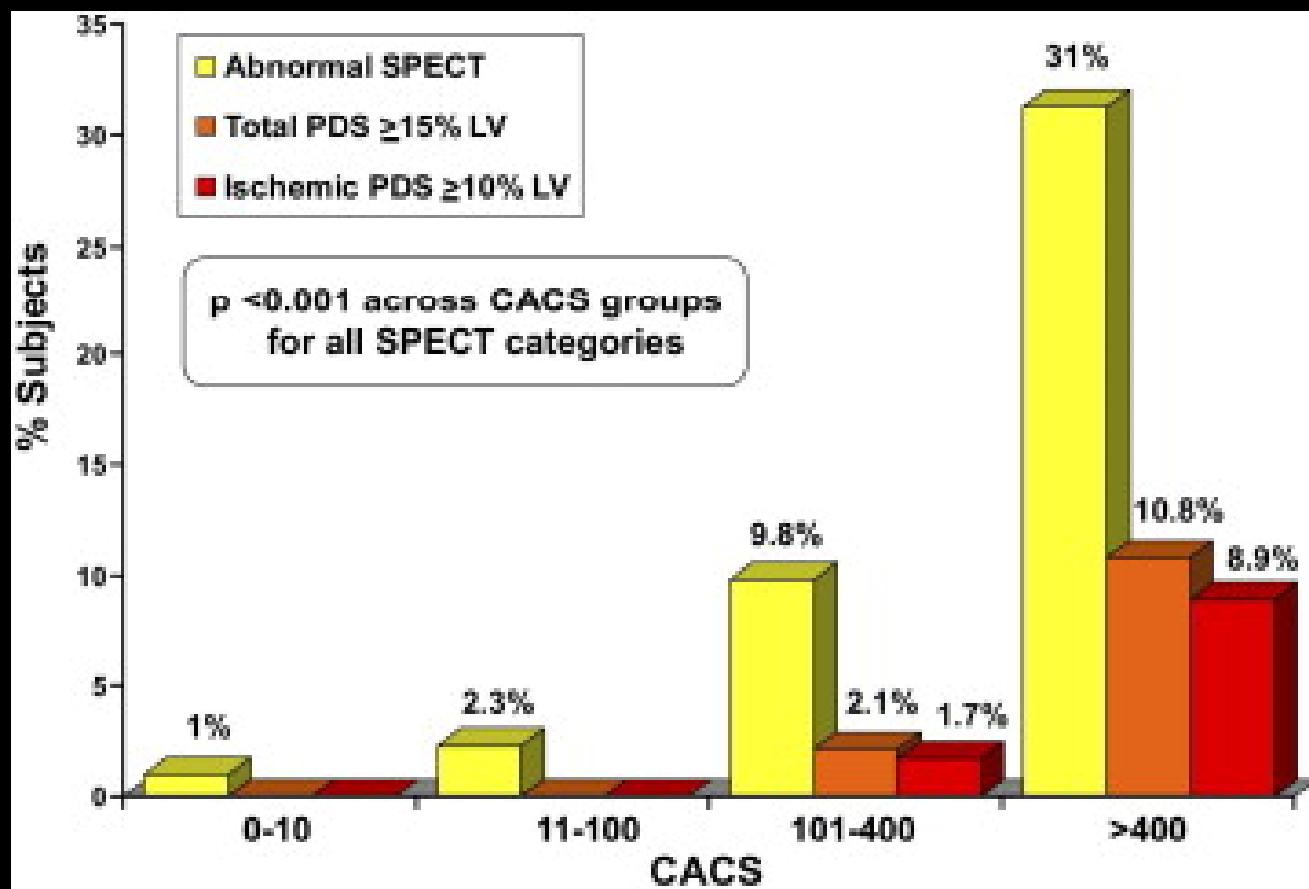


Fallbeispiel #5: Unauffällige Perfusion



Calcium Score - Perfusion

1127 asymptomatic Patienten ohne bekannte KHK
 Calcium-Score + SPECT, Follow-Up 6.5 Jahre

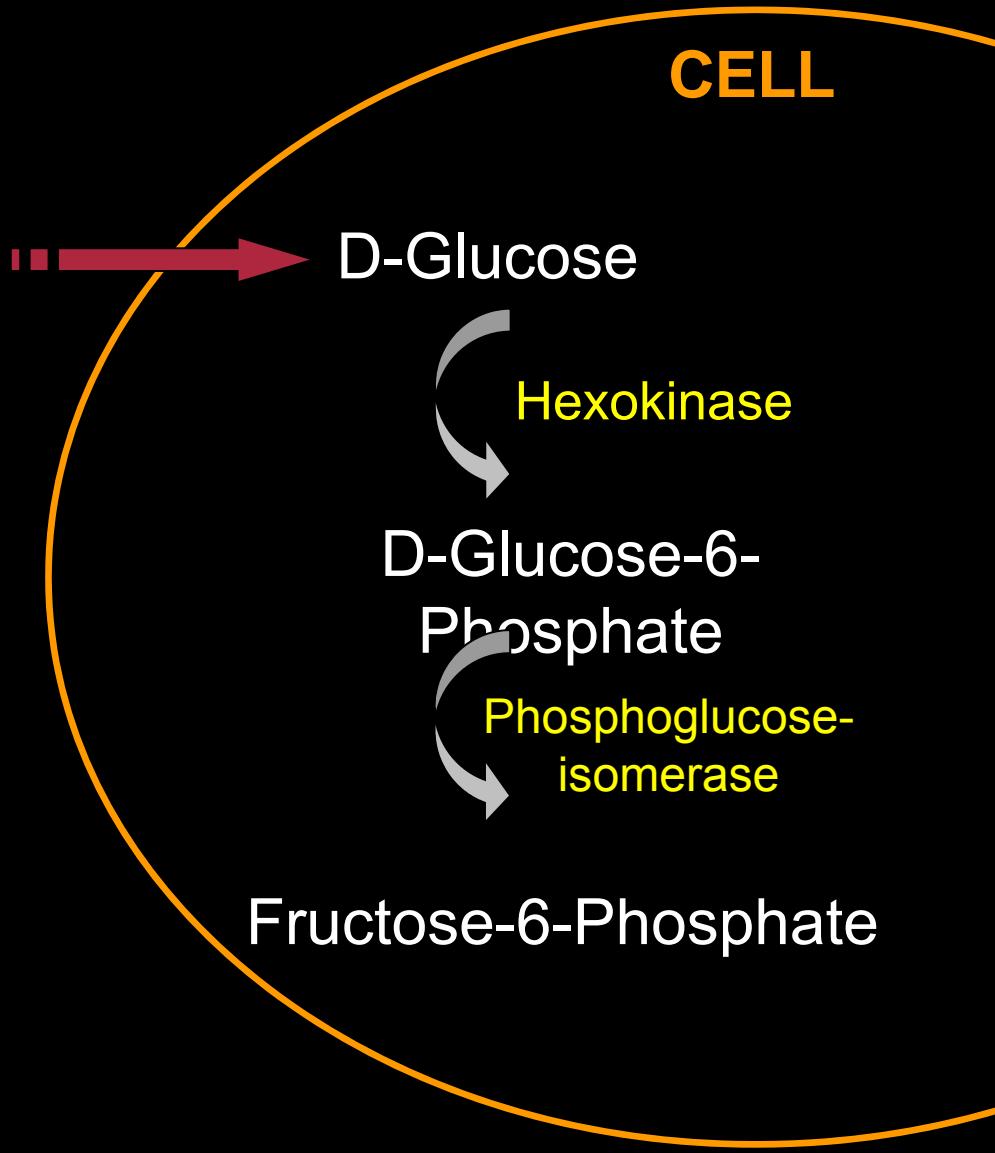
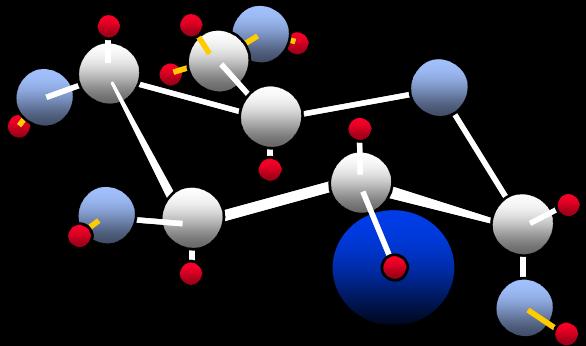


Myokardszintigraphie

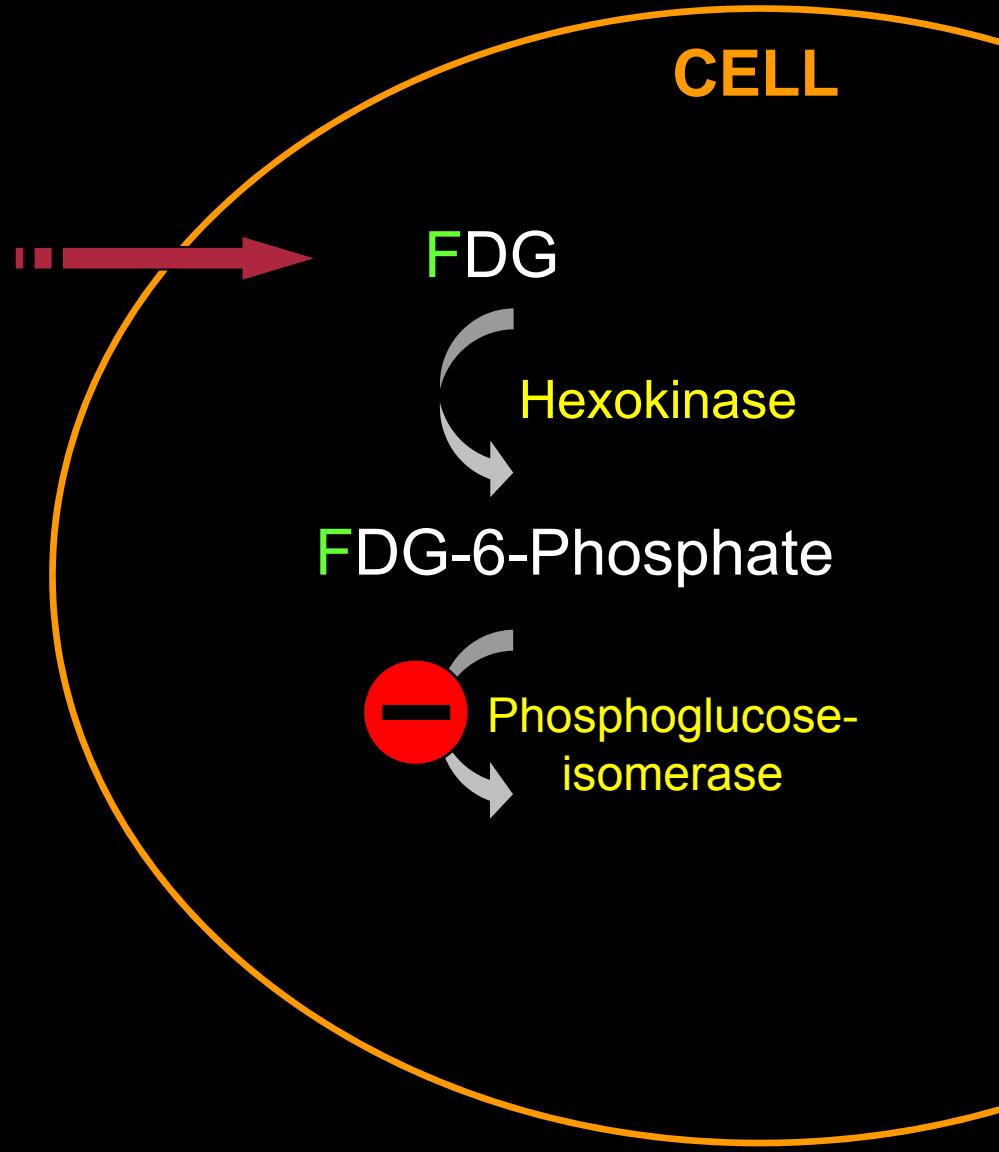
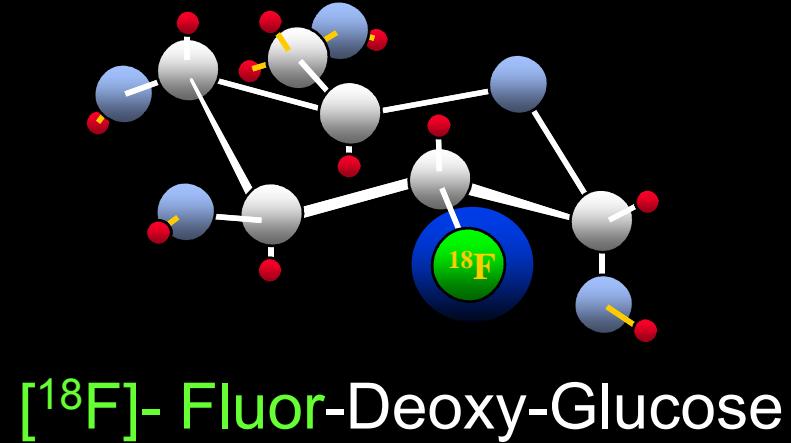


- Perfusion
- Perfusionsreserve
- Kontraktion
- Prognose-Score
- Calcium-Score
- Vitalität ?

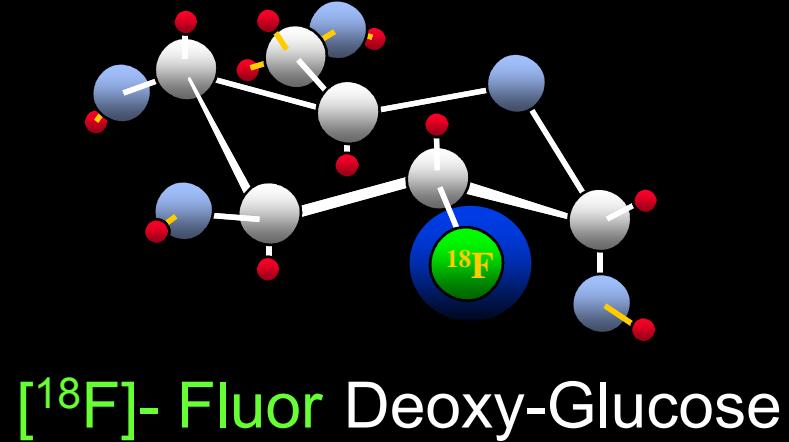
Vitalitätsdiagnostik mit FDG-PET



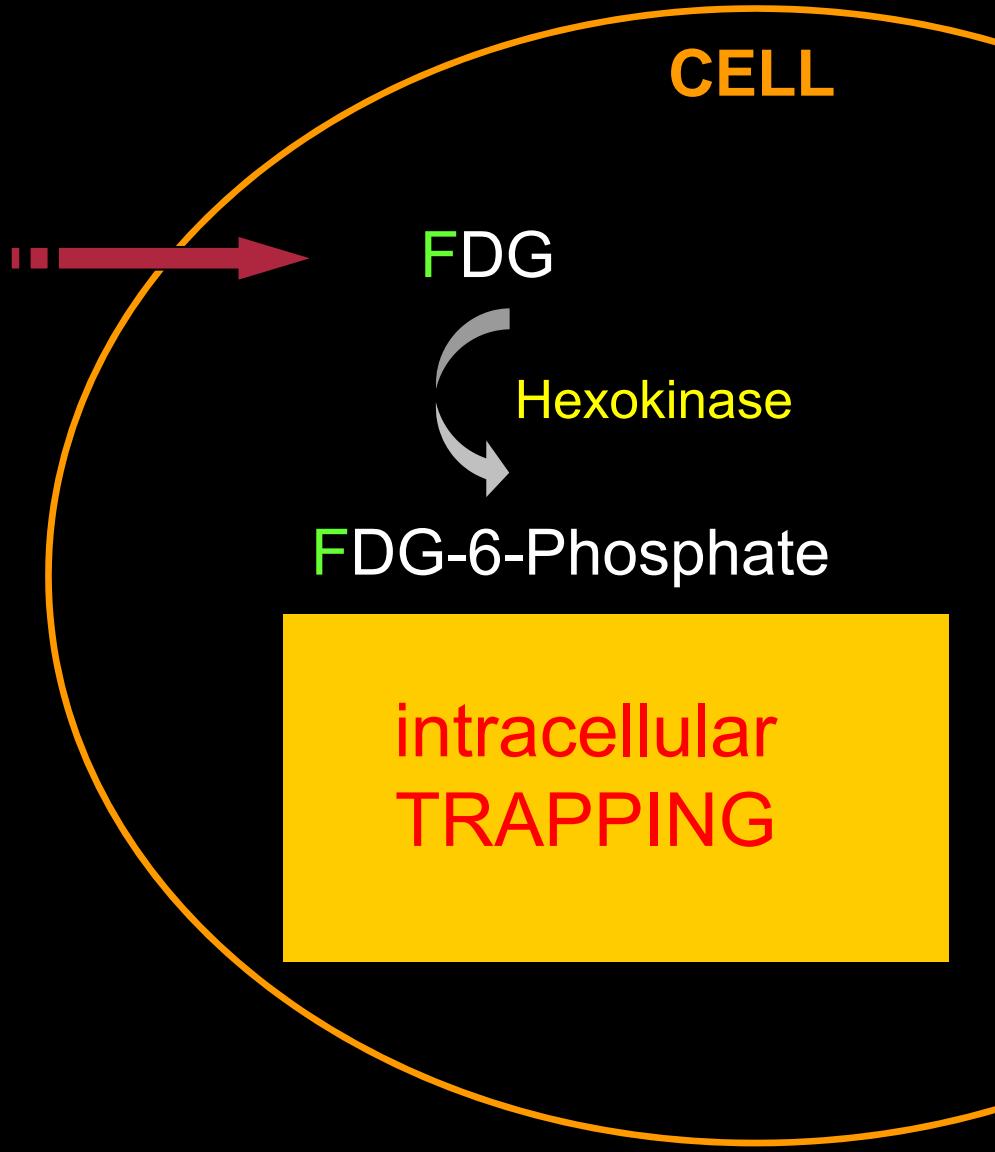
Vitalitätsdiagnostik mit FDG-PET



Vitalitätsdiagnostik mit FDG-PET



- Glucose transport
- Hexokinase activity

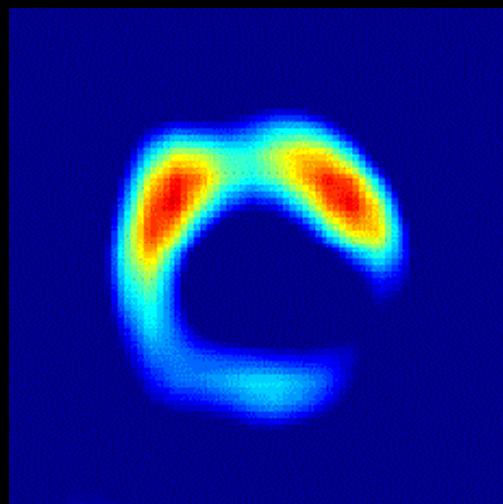


Fallbeispiel #5

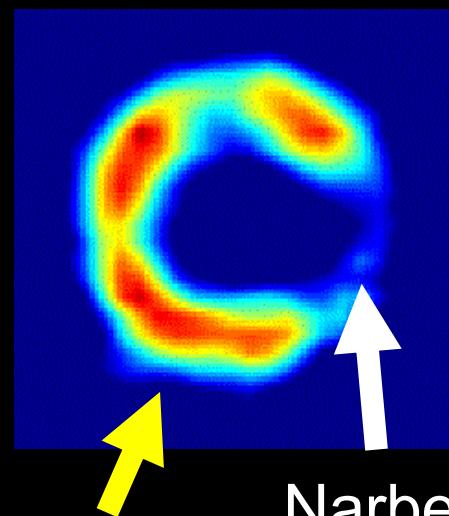
- 3-Gefäß-KHK
- RIVA 90%, RCX 90 %, RCA 70 %
- Vitalität vor Revaskularisation ?

Patient N.W.

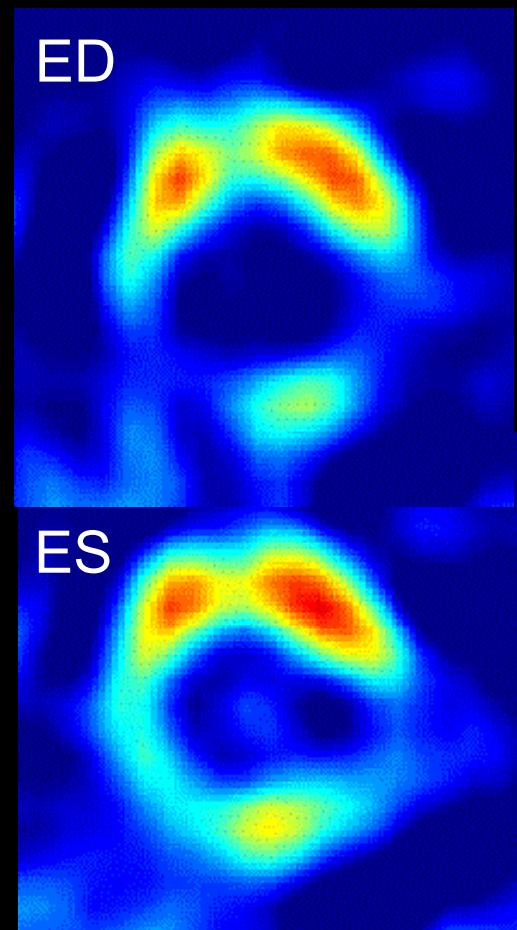
^{99m}Tc -Tetrofosmin
SPECT



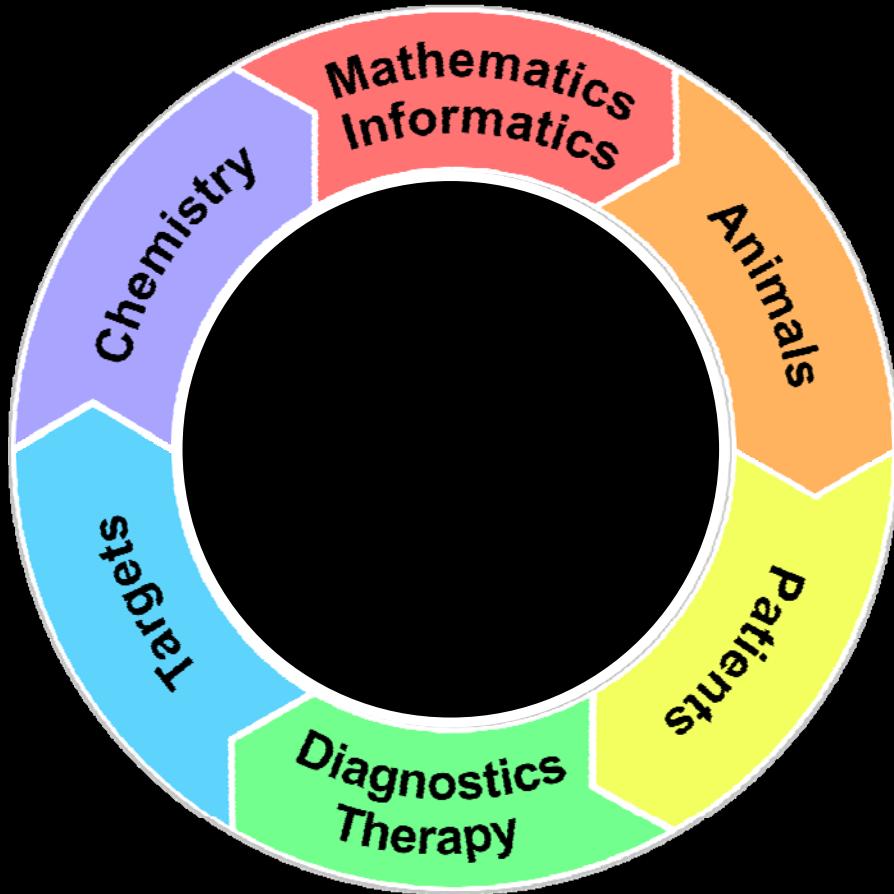
^{18}F -FDG
PET



^{99m}Tc -Tetrofosmin
GSPECT



Von der Präklinik in die Klinik ...



Sonderforschungsbereich 656
Molekulare kardiovaskuläre Bildgebung
www.sfbmobil.de

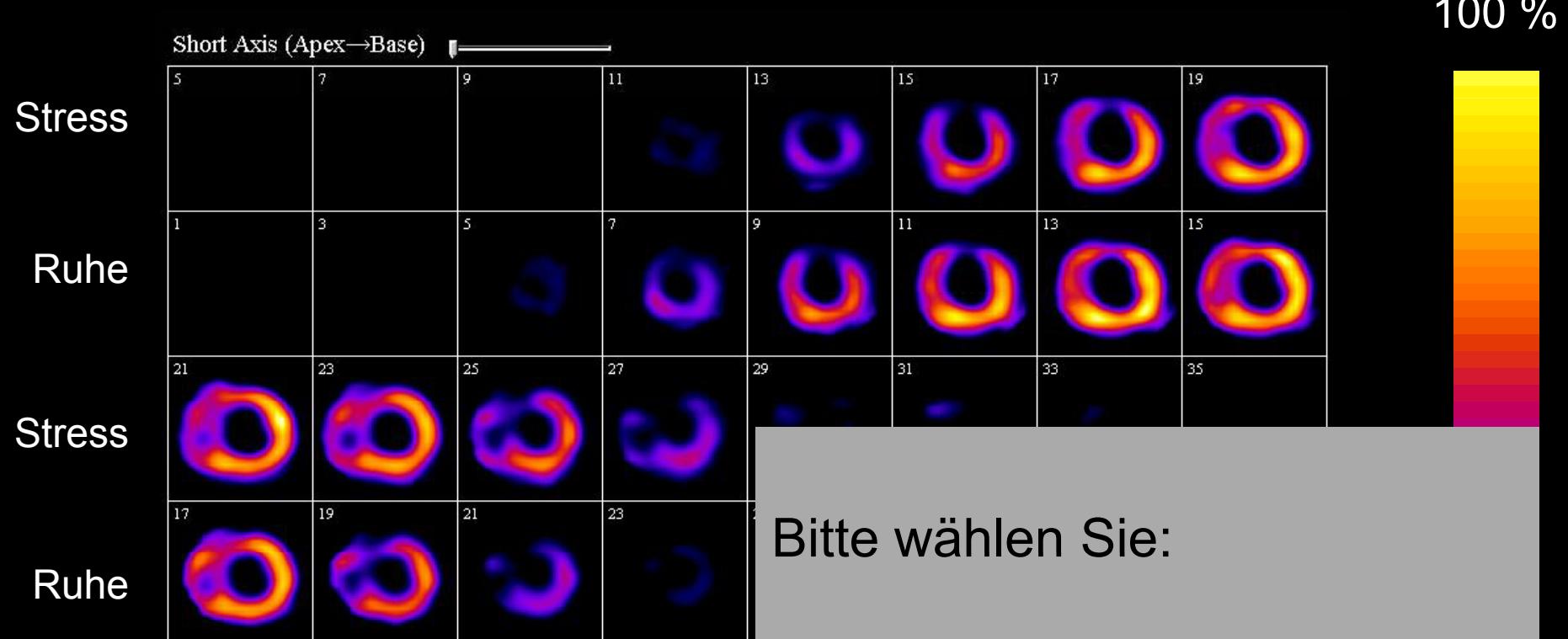
- Moderne Myokardszintigraphie (gated SPECT/CT)
 - Perfusion
 - Perfusionsreserve
 - Vitalität
 - Volumina
 - Kontraktion
 - Calcium-Score

- ... Homepage der Nuklearmedizin
 - <http://nukmed.klinikum.uni-muenster.de>
 - Reiter „Lehre“

Fallbeispiel #6: Knobelei

- Patient männlich, 54 Jahre
- 1-Gefäß-KHK, LV-Funktion deutlich gestört
- ICD, COPD
- Was ist hier los ?

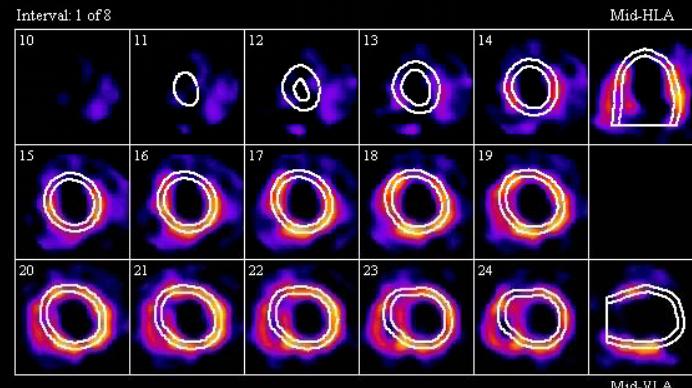
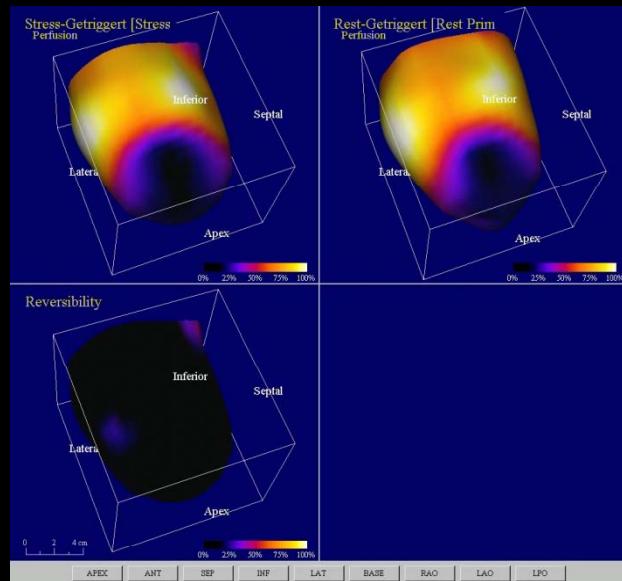
Fallbeispiel #6: Was ist das Auffälligste ?



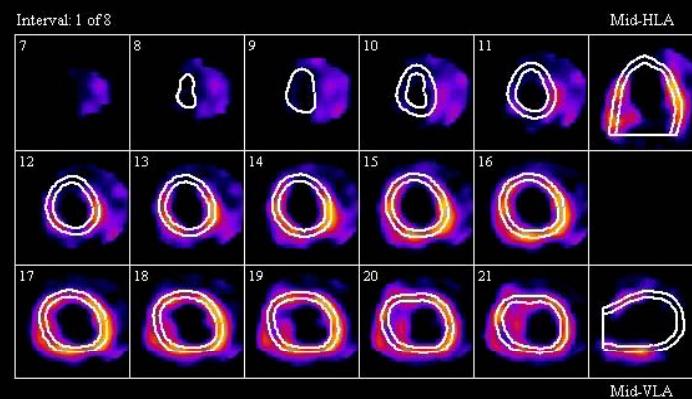
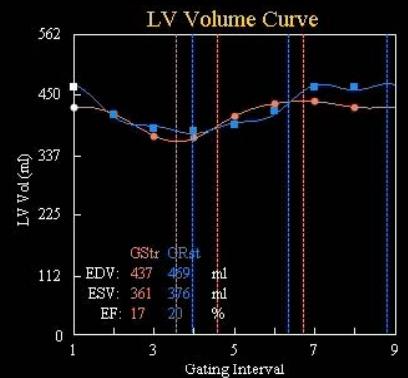
Bitte wählen Sie:

1. Keine Idee !
2. Septaler Infarkt
3. Rechtsherzhypertrophie
4. Globale Ischämie

Fallbeispiel #6: Knobelei



ED VLA Slice
(Interval: 7)

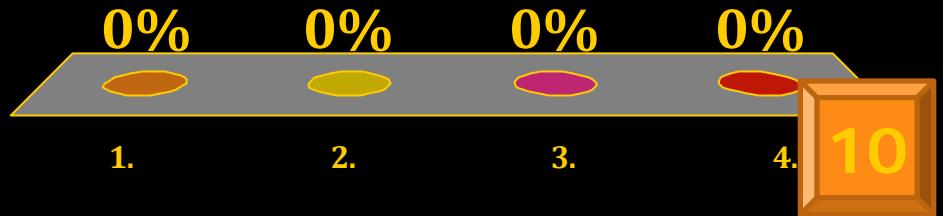


ED VLA Slice
(Interval: 1)



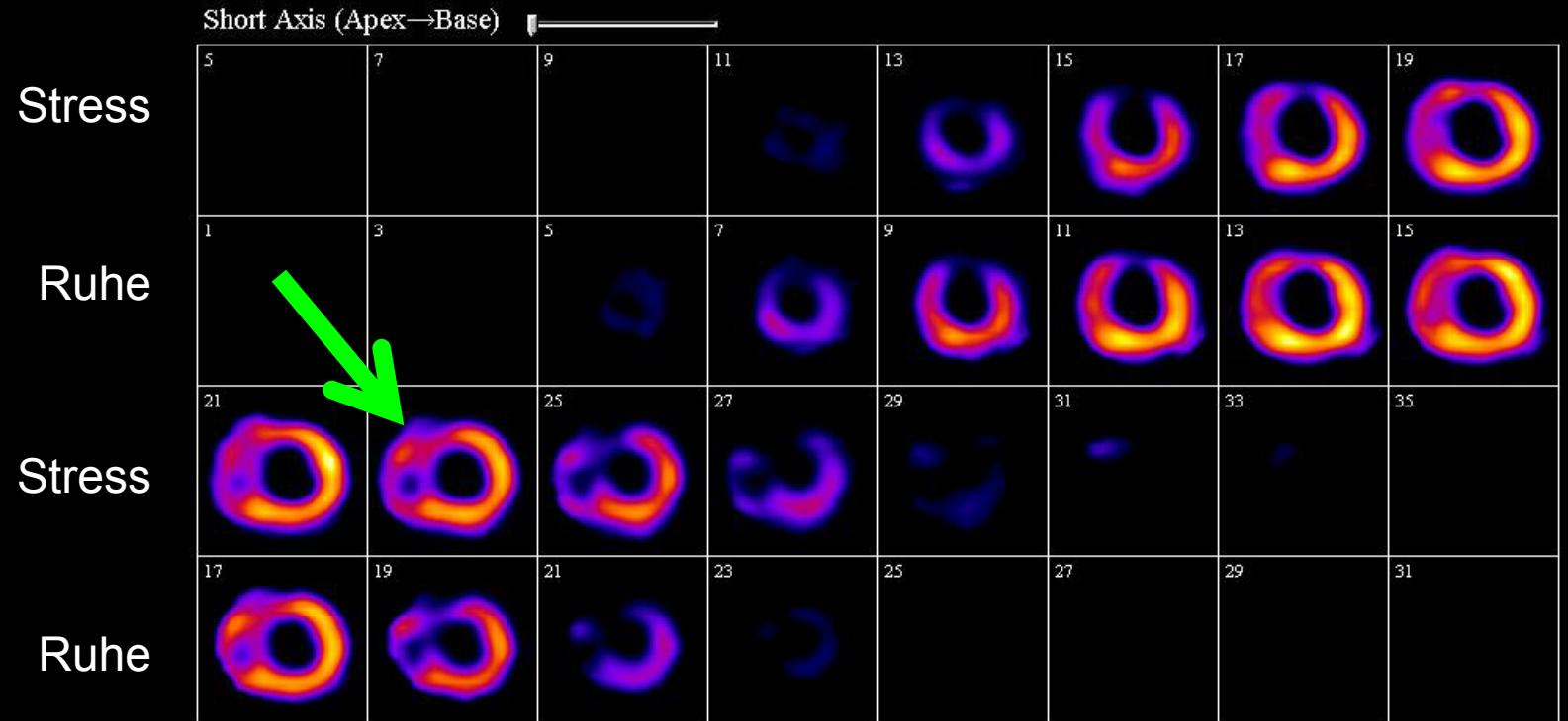
Was ist das Auffälligste ?

1. Keine Idee !
2. Septaler Infarkt
3. Rechtsherz-hypertrophie
4. Globale Ischämie



Fallbeispiel #6: Rechtherzhypertrophie

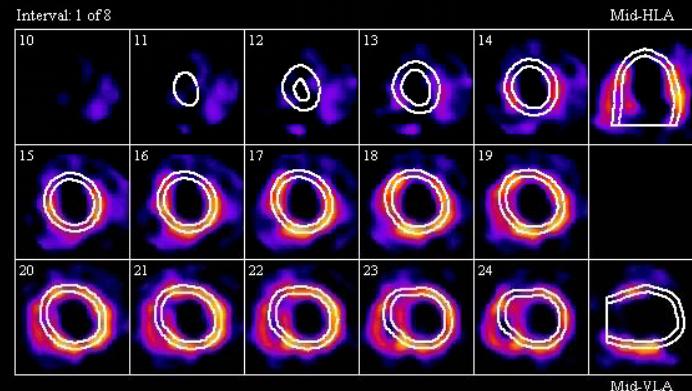
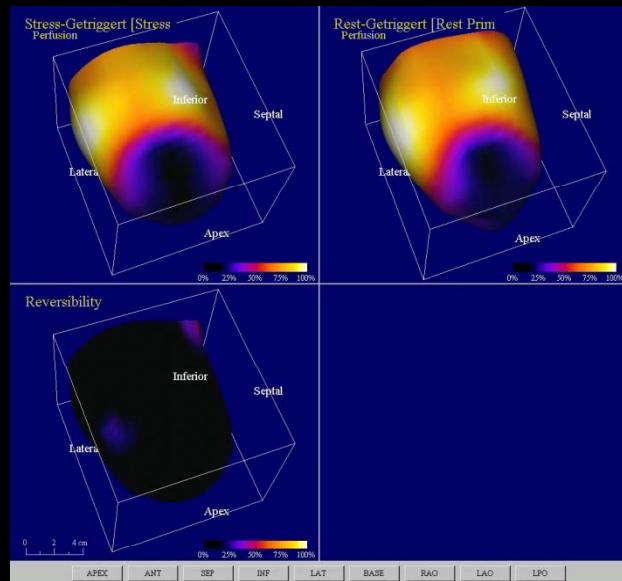
100 %



0 %

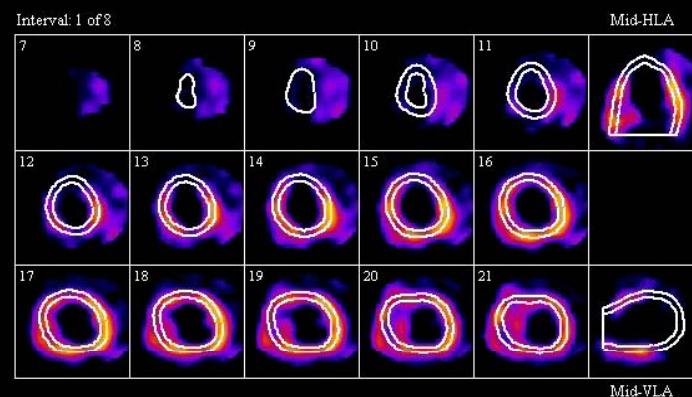
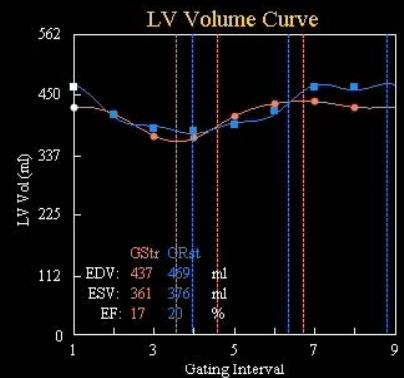


Fallbeispiel #6: Konturfindung inkorrekt



ED VLA Slice
(Interval: 7)

ES VLA Slice
(Interval: 4)



ED VLA Slice
(Interval: 1)

ES VLA Slice
(Interval: 4)

